

**Arizona Bridge to Independent Living  
Home Mobility Assessment**

**A. Mobility**

- a. Does the individual require some type of mobility aide?  
Yes \_\_\_\_ No \_\_\_\_ If yes, what type? \_\_\_\_\_
- b. Is the individual able to climb stairs?  
Yes \_\_\_\_ No \_\_\_\_ Comments: \_\_\_\_\_

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- What are the main barriers toward reaching this person's goals of independence in their home? \_\_\_\_\_

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**B. Entrance**

- a. Are there stairs to the entrance? \_\_\_\_\_
  - i. How many? \_\_\_\_\_
  - ii. Total rise from threshold of door to ground level? \_\_\_\_\_
- b. When the door is in the open position, is there a minimum of 32" clear opening measured from the face of the door to the doorstep? \_\_\_\_\_
- c. Is the threshold either beveled or at a maximum height of a half inch at the accessible entrance? \_\_\_\_\_

Comments: \_\_\_\_\_

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- Which entrance is the most appropriate into the home? \_\_\_\_\_
- Which entrance requires the least amount of modification? \_\_\_\_\_

**C. Ramps**

- a. Is there a ramped walkway or path leading into the home? \_\_\_\_\_
- b. Is the slope of the ramp at a maximum 1:12-one vertical foot to 12 feet horizontal? \_\_\_\_\_
- c. Is the surface of the ramp of a non-resistant nature? \_\_\_\_\_
- d. If the rise exceeds 30", is there an intermediate five foot long landing or rest area? \_\_\_\_\_
- e. Is there a level five foot landing at the top of the ramp? \_\_\_\_\_
- f. Is there a level six foot landing at the bottom of the ramp? \_\_\_\_\_
- g. If the ramp changes direction, is there a minimum five-foot by \_\_\_\_\_

- five-foot landing? \_\_\_\_\_
- h. Is the deck/ramp flooring tightly constructed? \_\_\_\_\_
- i. Are there handrails/railings along the deck/ramp? \_\_\_\_\_
- j. Is the garage door height raised for an extended van? \_\_\_\_\_

Comments: \_\_\_\_\_

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- If a ramp exists, is it meeting both the consumer's needs and building codes? \_\_\_\_\_
- If there is no ramp, what is the most feasible and cost effective design for gaining access into the home? \_\_\_\_\_

**D. Interior Circulation**

- a. How many levels and/or floors are in the home? \_\_\_\_\_
- b. How many levels are accessible? \_\_\_\_\_
- c. Are the interior doors and doorways at a minimum of 32" wide in the open position? \_\_\_\_\_
- d. Is the door operable by a single effort, lever or loop style handle? \_\_\_\_\_
- e. Is there an accessible route that has a minimum clearance of 36" in width? \_\_\_\_\_
- f. Is the accessible route free of obstruction? \_\_\_\_\_

Comments: \_\_\_\_\_

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- \* Is there a clear and accessible path throughout the entire home? \_\_\_\_\_
- \* Is there furniture or carpeting in the way that impedes mobility? \_\_\_\_\_

**E. Kitchen**

- a. Is there a 5' clear turning radius? \_\_\_\_\_
- b. Is there a cut out under the sink? \_\_\_\_\_
  - i. Minimum of 29' knee clearance? \_\_\_\_\_
  - ii. Maximum of 34" countertop height? \_\_\_\_\_
  - iii. Lever handle on sink? \_\_\_\_\_
- c. Is there an accessible workspace? (34" countertop) \_\_\_\_\_
- d. Is there an accessible pantry? (9' min. to 40"-48" max.) \_\_\_\_\_
- e. Are the range controls on the front or side (34" max height) \_\_\_\_\_
- f. Is the wall oven at a maximum height of 40"-48"? \_\_\_\_\_

- g. Is there a side by side refrigerator? \_\_\_\_\_
- h. Is there a fire extinguisher within reach? \_\_\_\_\_

Comments: \_\_\_\_\_

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- Can the individual participate in the kitchen activities to the best of their abilities? \_\_\_\_\_
- Are there creative ways to relocate cookware to maximize the person's abilities? (lazy susan, carts, pull out doors, etc.) \_\_\_\_\_

**F. Bathroom**

- a. At the entry door, does the door in the open position provide a minimum of 32" clear opening? \_\_\_\_\_
- b. Is there a roll-in shower with no threshold? \_\_\_\_\_
- c. Is there a bathtub/shower combination? \_\_\_\_\_
  - i. What is the height of the bathtub lip? \_\_\_\_\_
  - ii. Is there a hand held shower? \_\_\_\_\_
  - iii. Is there a bath bench? \_\_\_\_\_
  - iv. Are there grab bars around the tub? \_\_\_\_\_
- d. Is the height of the toilet seat between 17"-20" above the floor? \_\_\_\_\_
- e. Are there vinyl covered vertical and/or horizontal grab bars around the toilet? \_\_\_\_\_
- f. Is the sink rim or vanity surface at a maximum height of 34" above the floor? \_\_\_\_\_
- g. Is there a minimum of 29" knee clearance from the floor to the bottom of the sink? \_\_\_\_\_
- h. Are the faucets level operated? \_\_\_\_\_
- i. Is the mirror mounted with the bottom 40" or less from the floor? \_\_\_\_\_
- j. Is the storage area for personal articles mounted at a maximum height of 40"-48" from the floor? \_\_\_\_\_
- k. Is the linen closet mounted at a height of 40"-48" from the floor? \_\_\_\_\_
- l. Is there a five-foot clear turning radius? \_\_\_\_\_

Comments: \_\_\_\_\_

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- Can the person get in and out of the bathroom independently? \_\_\_\_\_
- Is the person able to use the toilet, sink and bathtub/shower independently (or with minimal assistance)? \_\_\_\_\_  
What causes the most difficulty for the person when using a

bathroom on a daily basis? \_\_\_\_\_

**G. Bedroom**

- a. Is the hallway wide enough (46") to negotiate a 90-degree turn? \_\_\_\_\_
- b. At the entry door, does the door in the open position provide a minimum 32" clear opening? \_\_\_\_\_
- c. Is the room large enough for maneuverability? \_\_\_\_\_
  - i. 36" clear aisle? \_\_\_\_\_
  - ii. Three foot to five foot clear space by bed for transfers? \_\_\_\_\_
- d. Is there a fire exit from the bedroom? \_\_\_\_\_
- e. Is there a fire extinguisher within reach? \_\_\_\_\_
- f. Is there an accessible closet? \_\_\_\_\_
  - i. Clothes rod/shelf min height of 9"? \_\_\_\_\_
  - ii. Clothes rod/shelf max height of 40"-48"? \_\_\_\_\_
  - iii. Recessed tracking for closet? \_\_\_\_\_
  - iv. Walk-in closet? \_\_\_\_\_
  - v. Pocket door? \_\_\_\_\_

Comments: \_\_\_\_\_

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- Is the person able to reach light switches, bed lamps, telephones and remote controls independently? \_\_\_\_\_

**H. Features to Consider**

- a. Obstructions to accessible route
- b. Throw rugs removed
- c. Light switches, remotes, telephones, TV
- d. Living room chairs

**I. Future Features to Consider**

- a. Pocket doors
- b. Kick plates on doors
- c. Fuse box lowered/accessible location
- d. Thermostat lowered
- e. Light switches lowered
- f. Electric receptacles raised to 40"
- g. Protective wall corner guards
- h. Threshold no more than 1/2"
- i. Rocker switches in lights
- j. Elevator or platform lift
- k. Type of window (slide, crank or other)
- l. Heavy vinyl wall coverings in traffic areas

- m. Floor coverings, hardwood floors, tile, low pile dense carpeting
- n. Toe clearance under sinks, etc.
- o. Accessible laundry room
- p. Front loading washer/dryer
- q. Intercom system
- r. Wiring for special equipment, ie. Ventilator

Comments: \_\_\_\_\_

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- What features are necessary and affordable at this time? \_\_\_\_\_

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- What accessible features may be necessary in the future in order to accommodate the person's abilities? \_\_\_\_\_

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**J. General Comments**

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