



Aging in Place offers an option for meeting the needs of the growing older population by making it possible for people to stay in their communities. Neighborhood residents create Aging in Place membership groups to help coordinate and deliver services and supports within their communities. This consumer-driven and person-centered approach offers a new option for residents who want to remain at home and engaged in community life as they grow older.

The Center for Aging in Place is a growing non-profit organization working with grassroots community groups in Westchester County, NY to create new options for residents who want to remain engaged in community life as they grow older. We promote the independence and well being of these residents by providing information, resources and assistance to the communities, organizations and people who support them.

Westchester County is home to 10 Aging in Place programs in different stages of development. They include:

- DeHaven-on-the-Hudson (Yonkers)
- De Nosotros Para Vosotros (Yonkers)
- Gramatan Village (Bronxville)
- At Home on the Sound (Larchmont and Mamaroneck)
- Staying Put in Rye and its Environs (SPRYE- Rye, Port Chester)
- Aging in Place – White Plains
- At Home in Scarsdale Village
- Community Helping Hands (Briarcliff/Ossining)
- At Home in Somers
- Active Living Over Fifty (Northeastern Westchester)

Our Services

The Center for Aging in Place offers participating communities the following:

- Resources
 - Step-by-step checklist for starting an Aging in Place program
 - Community survey & needs assessment
 - Best practices toolkit with templates and forms
- Capacity Building
 - Small grants
 - Fiscal sponsorship
 - Technical assistance
- Networking
 - Monthly Village Council meetings
 - Quarterly newsletter
- Education & Training
 - Volunteer Patient Advocacy Program
 - Community Outreach

Benefits of Aging in Place

Residents

- The option to remain in your own home among family and friends
- Access to services that empower you to live safely and independently
- Increased options for social interactions
- Single point of contact for information and referrals.
- Peace of mind knowing friends stand ready to help
- Better quality of life
- Stronger, more vital communities

The Community

- Communities reap the economic advantages of having seniors remain in their communities, contributing to the tax base and buying goods/services.
- Job creation and development – “age wave” is generating the need for new products and services.
- Communities will be stronger as a result of keeping older residents in our communities. This is highly-experienced, educated generation has a wealth of wisdom and experiences to share.
- Potential for lower health costs (e.g. volunteer transportation means fewer missed medical appointments; neighbors help neighbors in times of sickness)

For more information, contact Laura Traynor, CAP Executive Director at 914-357-8511 or visit our website at www.centerforaginginplace.org.