



# Frontline on the Home Front

*Providing Care and Support to Service Members, Veterans & Their Families*

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ARIZONA COALITION  
FOR MILITARY FAMILIES  
BUILDING SUPPORT FOR ALL WHO SERVE





# Goal

**To better prepare DV advocates when interacting with military service members, veterans & military families facing domestic violence issues.**





# Objectives

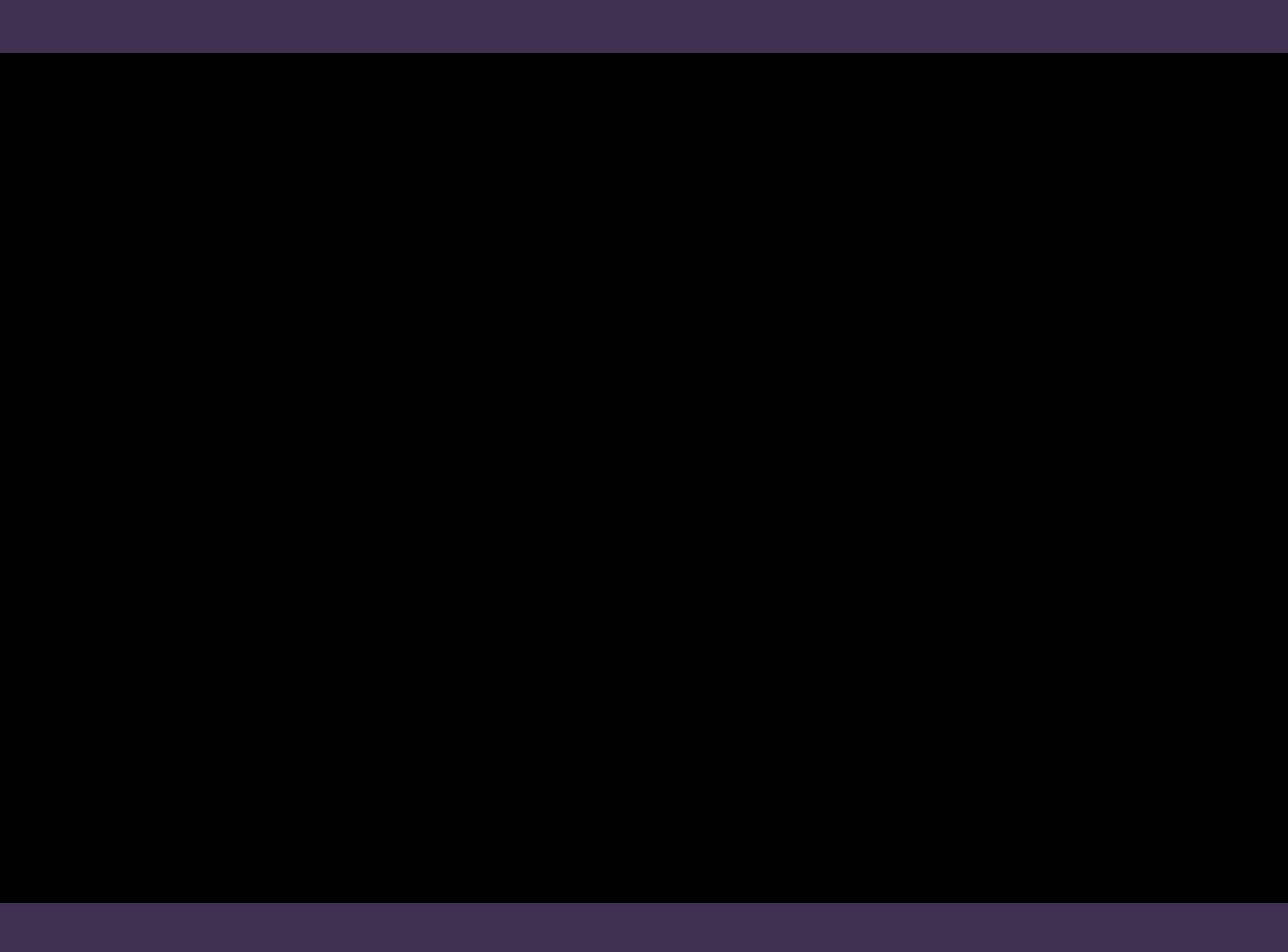
- 1. Understand basic military terminology, structure, culture & service.**
- 2. Identify stressors associated with combat deployment & return to civilian life.**
- 3. Become familiar with post-traumatic stress & traumatic brain injury.**
- 4. Become familiar with the DoD's Family Advocacy Program.**



# Stressors



- **98% -- Incoming artillery, rocket or mortar fire**
- **92% -- Knowing someone who was seriously injured or killed**
- **81% -- Attacked or ambushed**
- **79% -- Seeing dead bodies**

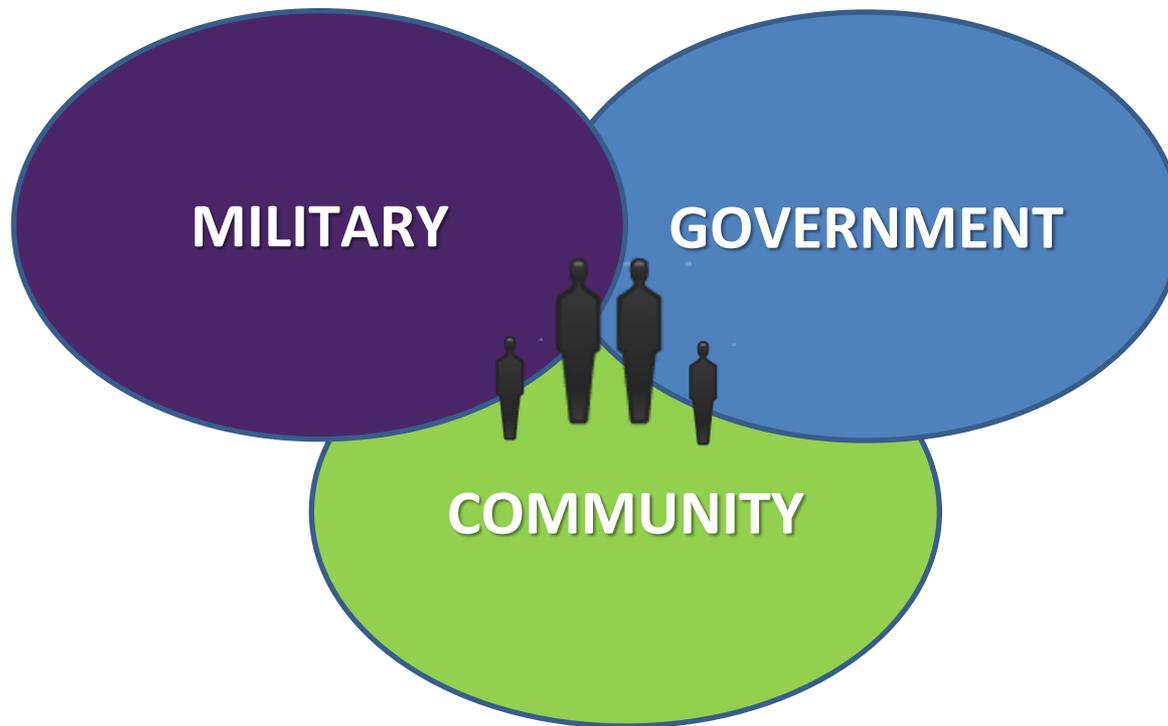




## Arizona Coalition for Military Families

The Arizona Coalition for Military Families is a **public/private partnership** focused on building Arizona's capacity to care for and support all service members, veterans, their families and communities.

*Every service member, veteran and family member connected to the **right** program, service or benefit at the **right** time.*



***Engage and equip all public and private sector partners to collectively provide the best care and support possible to all service members, veterans & family members.***



# Arizona's Military/Veteran Population

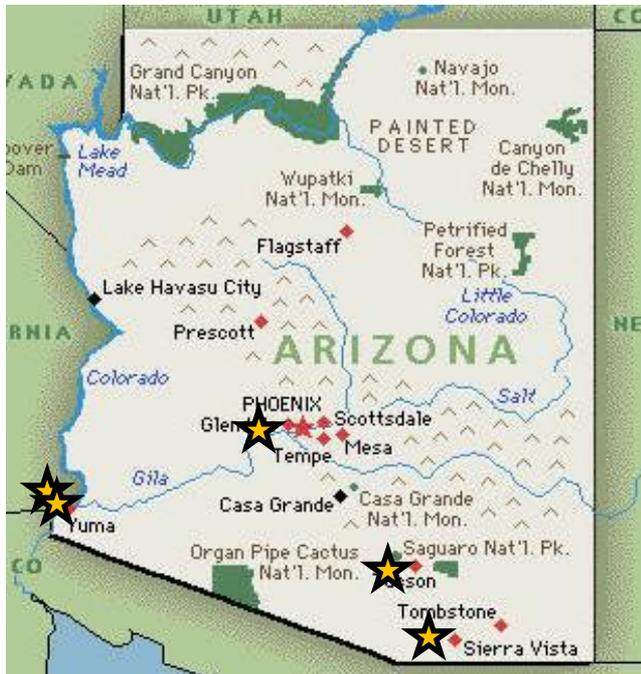
## ACTIVE DUTY

-5 military installations

- Air Force – 2
- Army – 2
- Marines - 1

-21,000+ Active Duty service members

-28,500 dependents





# Arizona's Military/Veteran Population



(Air & Army National Guard)

## NATIONAL GUARD/RESERVES

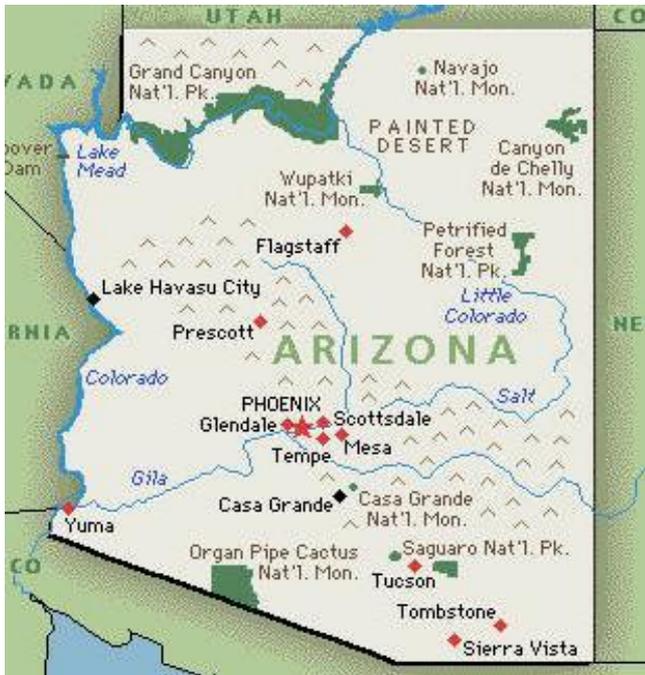
-13,500 (21,000 dependents)  
(**National Guard** - Air Force, Army  
**Reserves** – Air Force, Army, Coast Guard,  
Marines, Navy)

-Guard Headquarters at Papago Park  
Military Reservation

-Reserve unit Command is regional



# Arizona's Military/Veteran Population



## VETERANS

+/- 638,000 of all eras

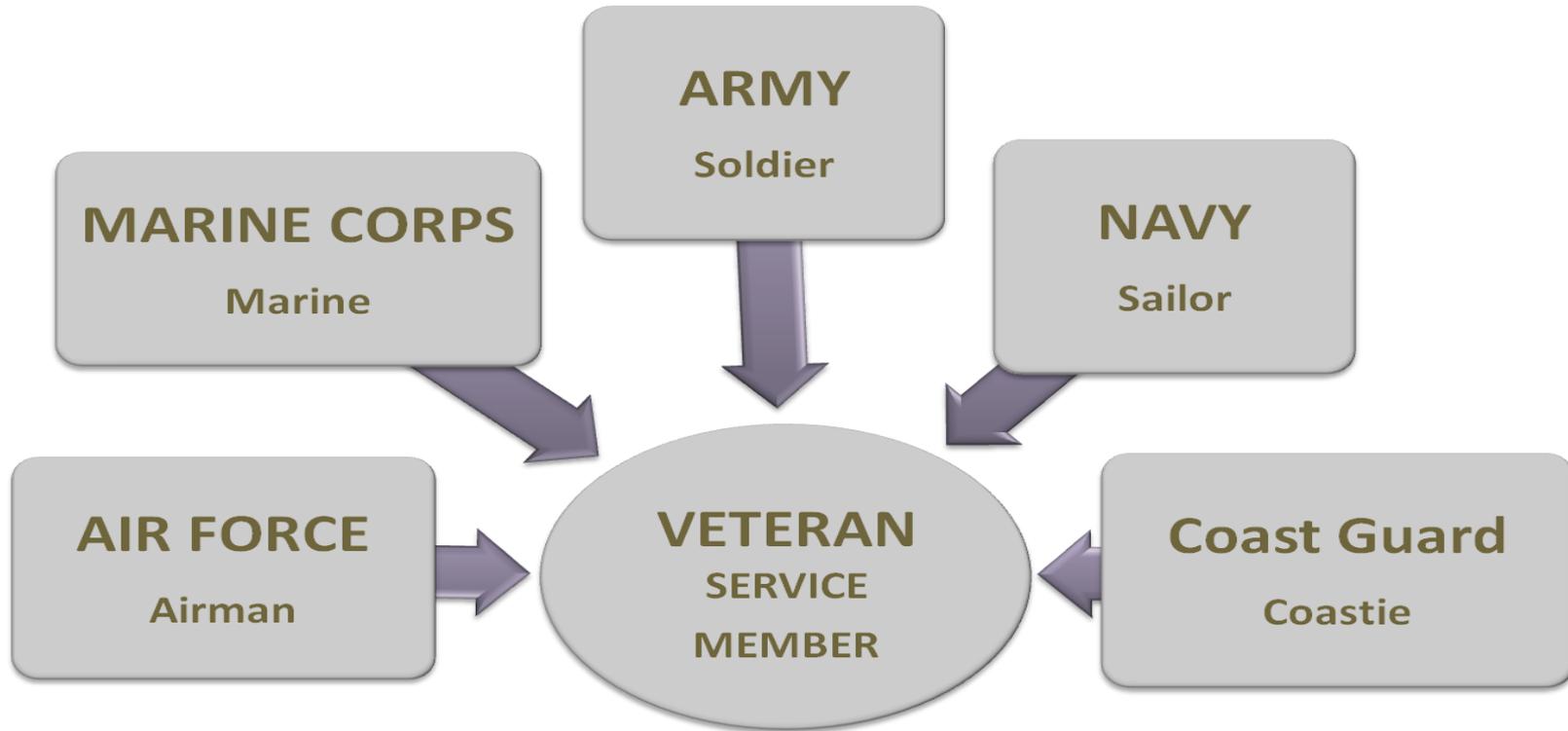
-10% of Arizona's population

-Estimated 25% live in rural areas

-High concentration of OEF/OIF/OND veterans



# Military Branches





## Recent Conflicts

<b>Operation Desert Storm</b>	<b>1990 — 1991</b>
<b>War of Kosovo</b>	<b>1998 — 1999</b>
<b>Operation Enduring Freedom</b>	<b>2001 — present</b>
<b>Operation Iraqi Freedom</b>	<b>2003 — 2010</b>
<b>Operation New Dawn</b>	<b>2010 — 2011</b>



# ***Boots on the Ground***

***(Warning)***







# Operational Stressors

- Exposure to life threat
- General sense of loss
- Family issues
- **Inner conflict**
- Day-to-day wear-and-tear
- **Military sexual trauma**
- Transitional stress
- Economic issues



## Key Issues

- Post traumatic stress
- Family/relationships/parenting
- Substance Abuse
- Suicide
- Traumatic Brain Injury (TBI)
- Physical Conditions
- Finances/Employment/Education
- Homelessness



## Guidance for Questions

- **Be broad** – “Have you or a family member ever served in the military?” instead of “Are you a veteran?”
- **Ask open questions** – “Tell me about your military experience” instead of “Did you deploy?” or “That must have been so hard!”
- **Use the right terminology** – Use “Service member” as a catch all if you aren’t sure what branch.



# Guidance for Effective Interactions

- Don't make assumptions (every experience is individual)
- Don't focus on deployment/non-deployment or infantry/non-infantry
- Be sensitive when discussing experiences (e.g. don't ask "have you ever killed anyone?")
- Focus on what the person wants help with
- Honor the ideals of military service
- Have awareness about social structure and accepted norms of behavior
- **Maintain interactive neutrality**



# Responding to the Invisible Wounds of War

## Post Traumatic Stress (PTS, PTSD)

- Re-Living the Event
- Avoidance of Situations that remind one of the event



## Traumatic Brain Injury (TBI)

A TBI can affect the ability to:

- Think and solve problems
- Move their body and speak
- Control their behavior, emotions, and reactions



# Combat and Operational Stress First Aid (COSFA)



# COMBAT OPERATIONAL STRESS FIRST AID (COSFA)

## Stress Continuum

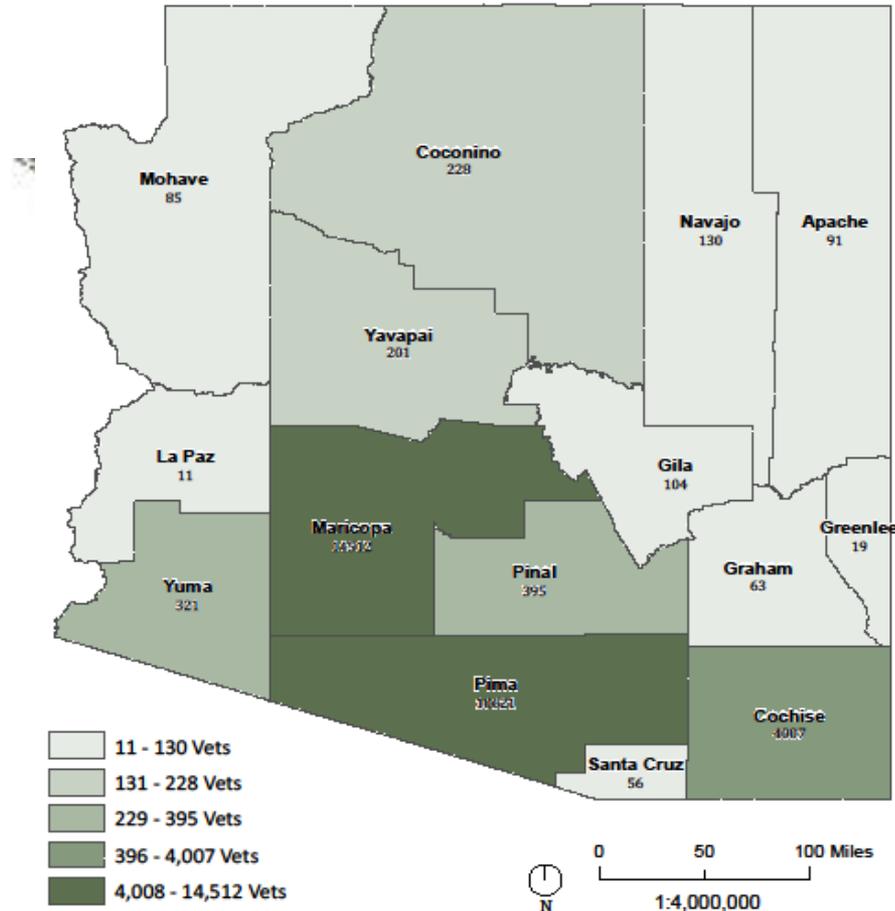
<b>READY</b> (Green)	<b>REACTING</b> (Yellow)	<b>INJURED</b> (Orange)	<b>ILL</b> (Red)
<ul style="list-style-type: none"> <li>• Sleeps well</li> <li>• Good fitness</li> <li>• Healthy eating</li> <li>• Sense of Humor</li> <li>• Productive</li> <li>• Focused</li> <li>• Socially connected</li> </ul>	<ul style="list-style-type: none"> <li>• Impatient</li> <li>• Irritable</li> <li>• Worried</li> <li>• Trouble sleeping</li> <li>• Anxious</li> <li>• Drinks too much</li> </ul>	<ul style="list-style-type: none"> <li>• Insomnia</li> <li>• Nightmares</li> <li>• Anger / rage</li> <li>• Panic attacks</li> <li>• Heavy ETOH or drug use</li> <li>• Social isolation</li> <li>• Suicidal thoughts</li> </ul>	<ul style="list-style-type: none"> <li>• Violent</li> <li>• Actively suicidal</li> <li>• Actively homicidal</li> </ul>
<p>1-4</p>	<p><b>1:10 STRESS SCALE</b></p>		<p>9-10</p>
	<p>5-6</p>	<p>7-8</p>	



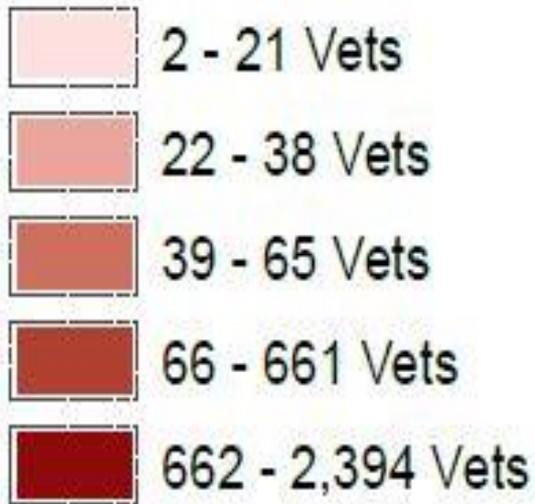
# Number of OEF/OIF Vets by County



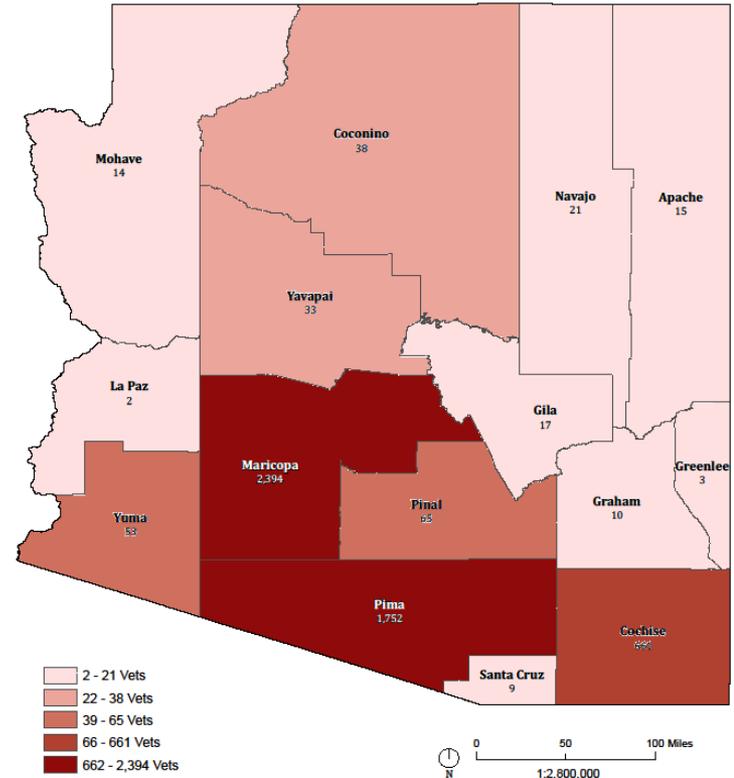
Estimated # of Iraq/Afghanistan Veterans  
Deployed by County Since September 2001



# Number of OEF/OIF Vets with PTSD by County

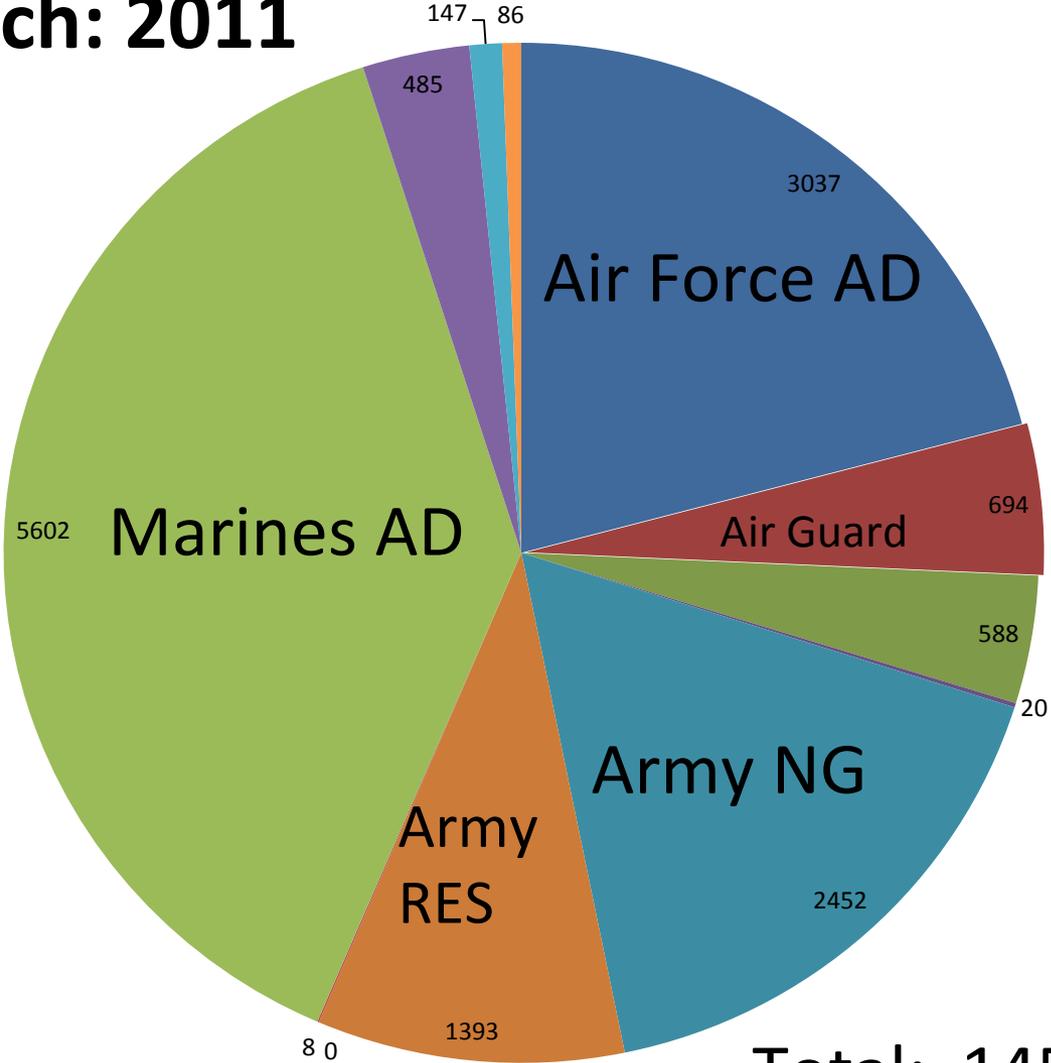


Estimated # of Iraq/Afghanistan Veterans  
Deployed by County with Post Traumatic Stress Disorder\*



\* PTSD Estimate - 16.5% of Total Veterans per County  
Reference: Treatment for Posttraumatic Stress Disorder  
in Military and Veteran Populations Initial Assessment,  
Institute of Medicine, July 2012

# Arizona Deployment Data by Branch: 2011



- AirForce Active
- AirForce Guard
- Airforce Reserve
- Army Active
- Army Guard
- Army Reserve
- Coast Guard Active
- Coast Guard Reserve
- Marine Active
- Marine Reserve
- Navy Active
- Navy Reserve

Total: 14512



# Family Advocacy Program

Family Advocacy is responsible for preventing and treating family violence within military families. The goal is to provide families with the services and programs that will allow them to be mission ready and world-wide deployable at a moment's notice.



# Restricted Reporting Option

- Does not initiate the investigative process, neither law enforcement nor the command are notified with personal identifiable information
- Allows the victim of domestic violence to confidentially disclose the incident to the Victim Advocate, the Victim Advocate's Supervisor and Healthcare Provider (including FAP clinical social workers and their supervisors)
- Allows victim to receive:

Medical treatment	A forensic examination
Advocacy services	Clinical Counseling
Pastoral Counseling	
- Garrison Commander is notified of non-identifying information only



# Unrestricted Reporting Option

- DoD Policy favors unrestricted reporting
- Command and investigative services notified
- Allows victim to receive:
  - Medical treatment
  - A forensic examination
  - Advocacy services
  - Clinical Counseling
  - Pastoral Counseling
  - Protective services



## Domestic Violence VA Services:

- Intervention and non-clinical support
- Safety assessment and planning
- Assistance with seeking safe shelter
- Information on the Transitional Compensation Program
- Coordination of emergency services; Housing, food, transportation, etc.
- Assistance in obtaining protective orders (civilian and military)
- Accompaniment throughout the medical, investigative, and legal processes
- Representation of victim's interests at the Family Advocacy Case Review Committee meetings
- General information and referrals



# Transitional Compensation

- DoD policy is to provide monthly transitional compensation payments to the dependents of members who are separated from the military for dependent abuse.
- Eligibility: Must be the dependent of a service member who has been on active duty for more than 30 days and has been convicted of a dependent abuse offense resulting in a punitive separation or forfeiture of all pay and allowances, or administratively separated with a dependent abuse offense as a basis.
- Duration: From 12 to 36 months. Greater of 12 months or unserved period of active duty, up to 36 months



# TC Monthly Amount

- Family members approved for TC are entitled to monthly payments. The current monthly payments (based on Dependency Indemnity Compensation (DIC) rate) are as follows:
  - \$1,215 for spouses
  - \$301 for each eligible child, or
  - \$488 per eligible child if there is no spouse payment

The amount of monetary benefits changes each year; check with your installation Transitional Compensation POC to verify monthly payment amounts. TC benefits are reported as income but are not taxable.



## Points of Contact

Luke AFB:

Family Advocacy Office - 623-856-3345/3417

DV Victim Advocate - 623-255-3487 (24/7)

Members from all Branches are served by Luke AFB's FAP office.



## For More Info

Dena Hallman

Soldier & Family Assistance Program Manager

[Dena.B.Hallman.civ.mail.mil](mailto:Dena.B.Hallman.civ.mail.mil)

602-254-0569

# Military/Veteran Resource Network



## MILITARY/VETERAN RESOURCE NETWORK

MILITARY • GOVERNMENT • COMMUNITY

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### WELCOME!



The Military/Veteran Resource Network is a dynamic community of people and organizations focused on connecting Arizona's 625,000+ service members, veterans & their families to the right military, government and community resources at the right time.

*This site is administered by the **Arizona Coalition for Military Families**, on behalf of our many public and private sector partner organizations.*

### SITE GUIDELINES

By using this site, you agree to the [Network Guidelines](#) and [Terms of Service](#).

In a nutshell, the **Network Guidelines** are: Be nice, Be helpful, Be upstanding, Be aware

[Read the full Network Guidelines.](#)

**Disclaimer:** The content of this site is informational in nature. Inclusion of information on this site and/or

### GETTING STARTED

JOIN THE  
NETWORK

CONNECT TO  
RESOURCES

GET  
INVOLVED

#### Why do we have a Military/Veteran Resource Network?

- To provide service members, veterans and families with the information needed to make informed decisions about the resources they access.
- To identify organizations equipped to provide care and support to the military and veteran population and connect them to their target population.
- To equip individuals and organizations through training focused on issues affecting the military and veteran population and best practice approaches.
- To connect all of the people and organizations that operate within the military/veteran world.

### MEMBERS



### NICOLA WINKEL

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### CRISIS LINE

Confidential help and support is available to any service member, veteran, family member or concerned person by calling 1-800-273-8255 (press option 1).



You can also access the Veterans Crisis Line through [online chat](#) and by texting 838255.

### CONTACT US!

Please share your input and feedback on the Military/Veteran Resource Network. [Contact us.](#)

### NAVIGATION GUIDES

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