



How Valley Cities Can Support Health Opportunities for Action

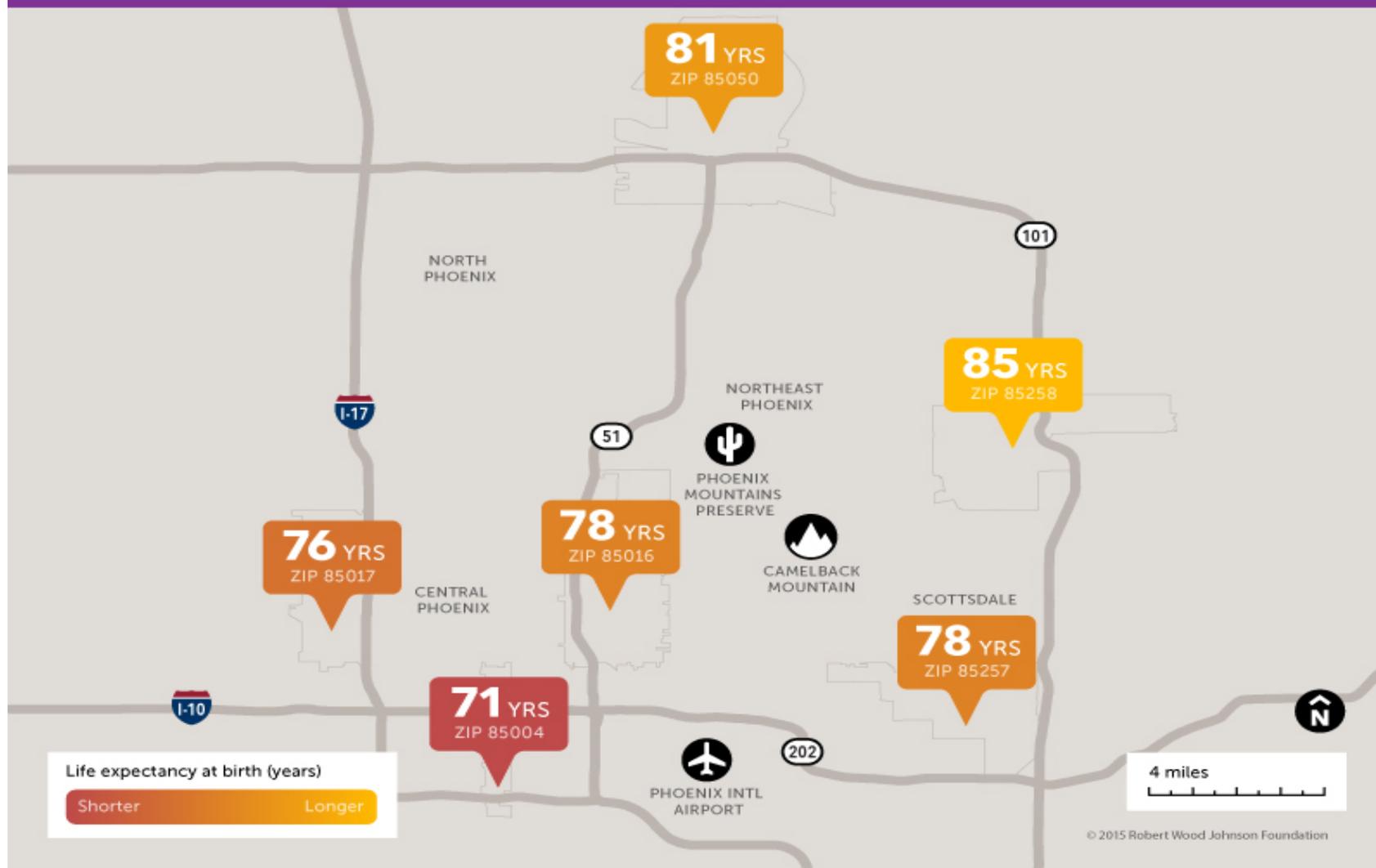
St. Luke's Health Initiatives

To inform, connect and support efforts to improve the health of individuals and communities in Arizona

In all that we do, SLHI seeks to be a catalyst for community health



Short Distances to Large Gaps in Health





What We Know....

- Health is not just health care – 90% of our health is determined by factors outside of medicine
- In the US we focus too much on “sick care” and not disease prevention (less than 9% of expenditures)

Gaps in Health Come from Many Factors

- Education and Income
- Unsafe or unhealthy housing
- Lack of healthy foods
- Lack of places to exercise or play
- Proximity to sources of pollution
- Access to health care
- Transportation challenges
- Inequities



Addressing the Gaps

- Cities and counties are addressing health
 - Looking at land use policies to help people use alternative transportation
 - Health considerations in city general plans
- Incorporating wellness and prevention in the workplace and social institutions
- Understanding how poverty and inequities can impact health
 - Finding ways to increase access to healthy foods
- Finding ways to add health into people's daily lives



The Arizona Partnership for Healthy Communities

- Cross-sector coalition building on the Federal Reserve's push to tackle challenges (poverty, economic recovery, housing) by creating and maintaining healthy communities
- The AZ goal is by 2020, to foster 25 multi-sector projects in low-income communities
- Bringing together housing, transportation, community development and/or economic development

Maricopa County Food System Coalition



- Supporting a thriving food system in Maricopa County
 - Cross-sector collaboration
- Over 50 organizations
- Addressing policy and programmatic issues to strengthen the food system



Complete Streets and TOD

- Streets designed, built and maintained to ensure safe, welcoming access and use for pedestrians, cyclists, motorists and public transit users
 - Partnered with the City of Phoenix
 - Sample ordinance, policy, guidelines and performance measures
 - Webinar with the AZ League of Cities and Towns
- Reinvent Phx



City/County Planning Work

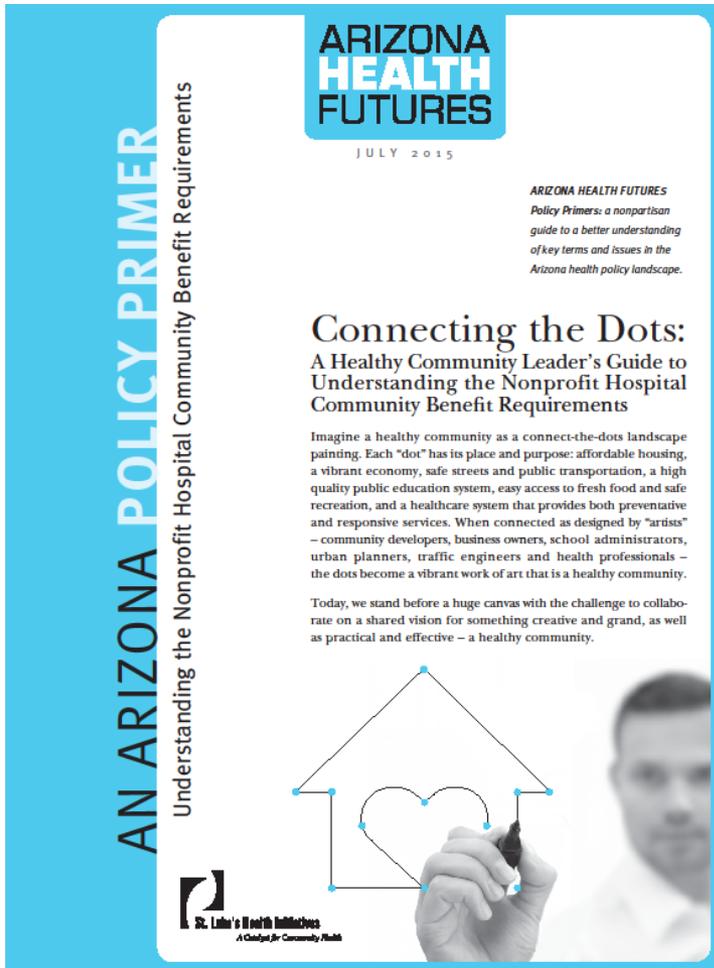
- Adding “Health” into general plans
 - Safety for walking/bicycling
 - Transit connectivity
 - Co-locating health clinics with retail and housing, and connect to transit
- Arizona Forward – Health Communities awards and summit
- Health as an Economic Development tool



Health Care Workforce

- Greater Phoenix Economic Council
 - GreaterPhoenixHealth.com – highlights some of the innovative health-related amenities in the Valley
- Phoenix Health Care Sector Partnership – statewide coalition
 - Health workforce analysis and planning
 - Leveraging funds for apprenticeships, and training

Hospital Community Benefit



- Partnership opportunities with *nonprofit* hospitals local governments, and community organizations
- Hospitals must provide “community benefit” – broadly defined
- Similar to bank Community Reinvestment Act (CRA) requirements



Arizona HealthFields Initiative

- Building on a national program that converts land with “challenges” to an asset that improves community health
- Creation of community gardens, farmers markets, grocery stores, health clinics, etc.
- Statewide coalition that includes federal, state and local governments, foundations, businesses and non-profits
- Inventory health risk from environmental issues and looks are redevelopment options that improve health

State/County Health Improvement Plans



- Arizona Health Improvement Plan – based on the State Health Assessment
 - Prioritized 15 public health issues
 - Now developing strategies and objectives for a 5 year plan
- Community Health Assessments and Health Improvement Plans
 - Each county has completed a Community Health Assessment
 - Many are working on 5 year plans as well
- Many disease-related coalitions have emerged
 - Diabetes, Falls Prevention, Obesity, etc.



Care Coordination Coalitions

- **Health Services Advisory Group (HSAG)**
 - Provide technical assistance
 - Convene learning and action networks for sharing best practices
 - Collect, analyze and publish data for improvement
- **Goals of the Coalition are to:**
 - Reduce hospital 30-day readmission rates by 20 percent by December 31, 2018
 - Increase medication safety among providers during care transitions and ongoing patient medication therapy management
 - Improve overall community health and support individuals in their homes
 - HSAG coalitions in East Valley, West Valley and Central Phoenix/Scottsdale



Mobile Integrated Healthcare – Community Paramedicine

- Healthcare using patient-centered, mobile resources outside the hospital
 - Fire Department and ambulance based models
- Locally designed, community-based collaborative model of care
 - In partnership with primary care, behavioral health, home health, etc.
- Programs are sprouting everywhere
 - Mesa, Chandler, Buckeye, Scottsdale, and Tempe
 - Marana, Rio Rico, Golder Ranch and Verde Valley

St. Luke's Health Initiatives

Improving well-being in Arizona by addressing root causes and broader issues that affect health.



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