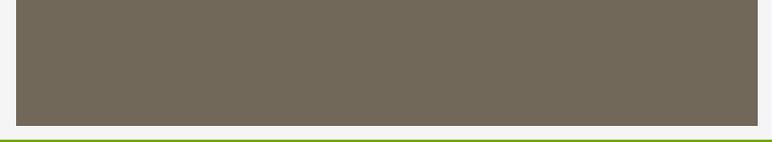


Lifewell
Behavioral
Wellness



Rehabilitation and
Counseling Services



Lifewell programs provide safe and supportive environments that foster recovery, healthy living and personal growth for members as they build on existing strengths, focus on developing new social and vocational skills.

Mission

- To inspire *hope*
- To provide opportunities for *healing*
- To support better *health*

Goals

- Improve health
- Establish a stable home
- Support community integration
- Promote the realization of self-value

Values

- Person-centered
- Evidence-based
- Quality-driven



Locations

Lifewell has four HUBs

- LWC Beryl 2505 W. Beryl Ave. Phoenix, AZ 85021
- LWC Mitchell 40 East Mitchell Dr. Phoenix, AZ 85012
- LWC Power 6915 East Main St. Mesa, AZ 85207
- LWC University 262 E. University Dr. Mesa. AZ 85201

Services Offered at HUBs

- Psychosocial Rehabilitation Services
- Health and Wellness
- Supported Employment
- Counseling
 - Group and Individual



Psychosocial Rehabilitation Services

Skill development to achieve and sustain community integration and social independence.

- Health and Wellness Groups
- Culinary Awareness & Nutrition Groups
- Supported Volunteering
- Career Area
- Computer Skills
- Peer Support Training Class
- Education Skills Groups

Health and Wellness

- WHAM
- Walking Groups
- Nutrition Groups
- Tobacco Cessation Groups
- Exercise Groups
- Health Information Groups



Supported Employment

The program is based on the SAMHSA Supported Employment Fidelity Model

- Competitive Employment
- Zero-Exclusion
- Rapid Job Search
- Vocational and Clinical Integration
- Member Preference
- Time Unlimited Supports
- Benefits Counseling

Counseling

Services are strength-based, goal-oriented, evidenced-based, and are planned to be short-term

- Psychiatric Evaluations
- Medication Monitoring
- Comprehensive Assessments
- Counseling – Individual and Group
- Peer Services

- to be treated
- 2. Showing kindness and consideration
- 3. Being yourself enough to be you
- 4. Accepting others for who they are

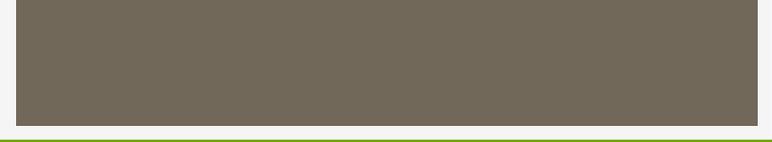
Caring

1. Saying nice things and sharing compliments with others
2. Being considerate, kind and respectful in all your actions
3. Lending a helping hand to those around you
4. Being the person others can count on

Effort

1. Achieving goals through commitment and hard work
2. Doing your best in everything you choose to do
3. Trying without giving up or giving in
4. Making the most of every opportunity



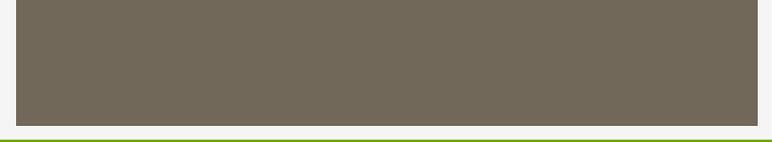


“Lifewell staff, at every level, exemplifies the values and goals of Lifewell every day through support, encouragement, commitment, caring and compassion towards co-workers, clients and other stakeholders. I have been blessed to be a part of this amazing Lifewell team through several positions as I have moved up within Lifewell and I look forward to many exciting years with this incredible company.”

– Tracy H., Program Coordinator

“Lifewell is an organization that uses an integrated approach to work with members. This approach enables us to address various member needs as they move through our continuum of care to achieve their goals.”

– Jose R., Rehabilitation Manager



“Working for Lifewell has renewed my faith in the “Power of people helping people” and “that there still exists organizations that truly put people first!” In my short time here, I have witnessed “First Hand” lives being saved because Lifewell lived up to its mission of delivering hope, healing and health to the countless communities we serve.”

– Jane J., Clinical Support Specialist

“Lifewell staff make a difference in the lives of countless people every day. They encourage and support people to recognize their self-worth, self-confidence, and limitless opportunities for the future.”

– Nicole H., Director of Outpatient Services

Questions

