

# Who to call if you need help

**October is  
Domestic  
Violence  
Awareness  
Month.**

## **National Domestic Violence Hotline**

**1-800-799-SAFE (7233)**

If something about your relationship with your partner scares you and you need to talk.

## **Childhelp USA**

**1-800-422-4453**

National child abuse hotline. Offers crisis intervention, information, literature and referrals. State-of-the-art technology provides translators in approximately 140 languages.

## **Child Protective Services**

**1-888-767-2445**

Arizona child abuse hotline.

## **Parents Anonymous**

**1-800-352-0528**

Parents can call 24 hours a day, toll-free, when under stress with their children. (Spanish language capability.)

## **Shelter (CONTACS)**

**Phoenix Metro Area: 602-263-8900**

**Outside Phoenix: 1-800-799-7739**

For help in locating an emergency, homeless, or domestic violence shelter in Maricopa County.

## **Arizona Coalition Against Domestic Violence**

**Phoenix Metro Area: 602-279-2900**

**Outside Phoenix: 1-800-782-6400**

Concerned citizens and professionals unite through this statewide organization to increase public awareness about the issue of domestic violence, enhance the safety of and services for domestic violence victims, and reduce the incidents of domestic violence in Arizona families. Legal advocacy services also available.

## **Arizona Humane Society Project Safe House**

**1-602-997-7585**

Provides temporary foster care for pets of domestic violence victims