

Community Health, Healthy Communities

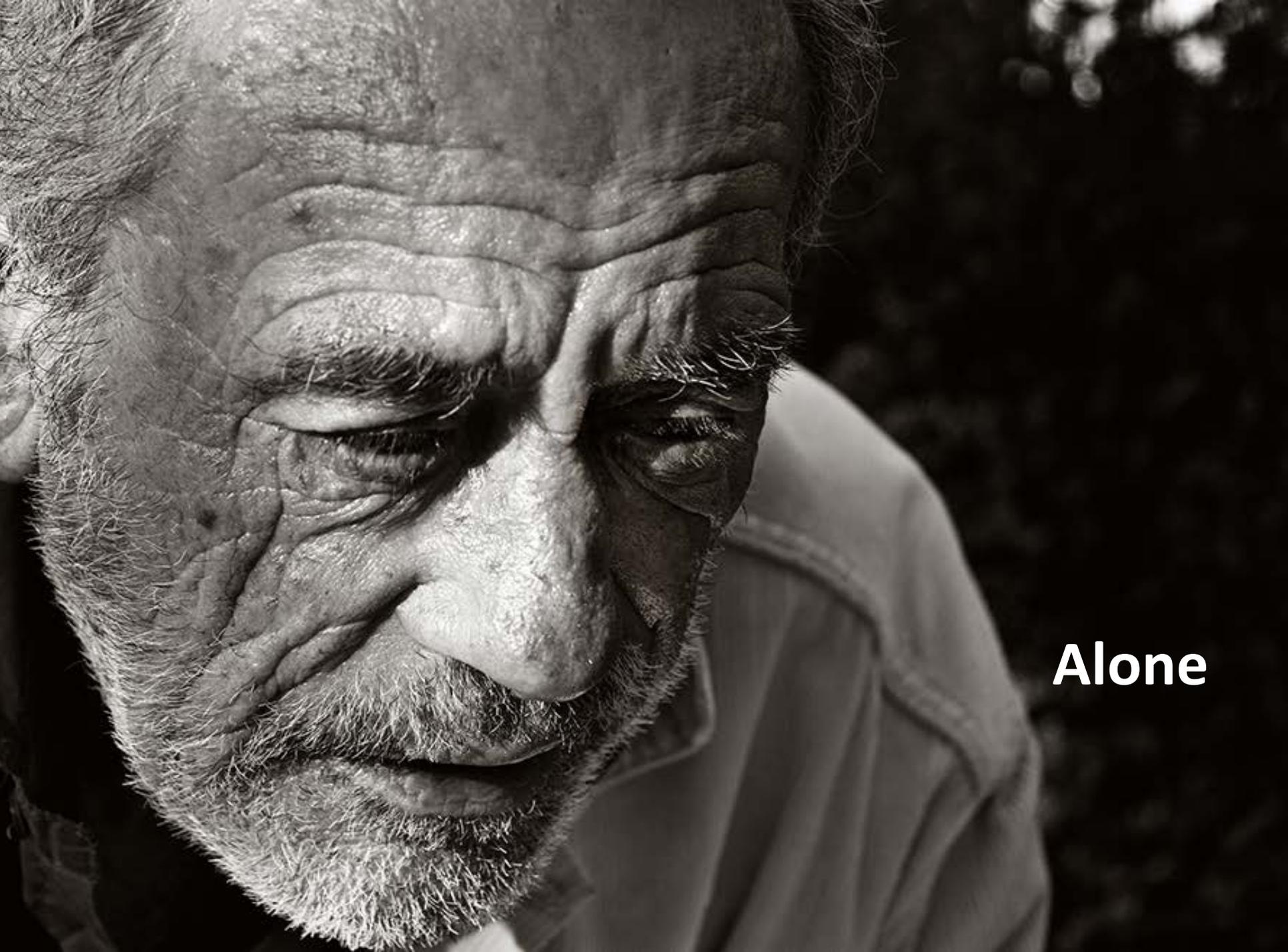


An aerial photograph of a city skyline, likely Chicago, with a hazy, overcast sky. The buildings are silhouetted against the light, and the surrounding urban landscape is visible below.

3 hot days

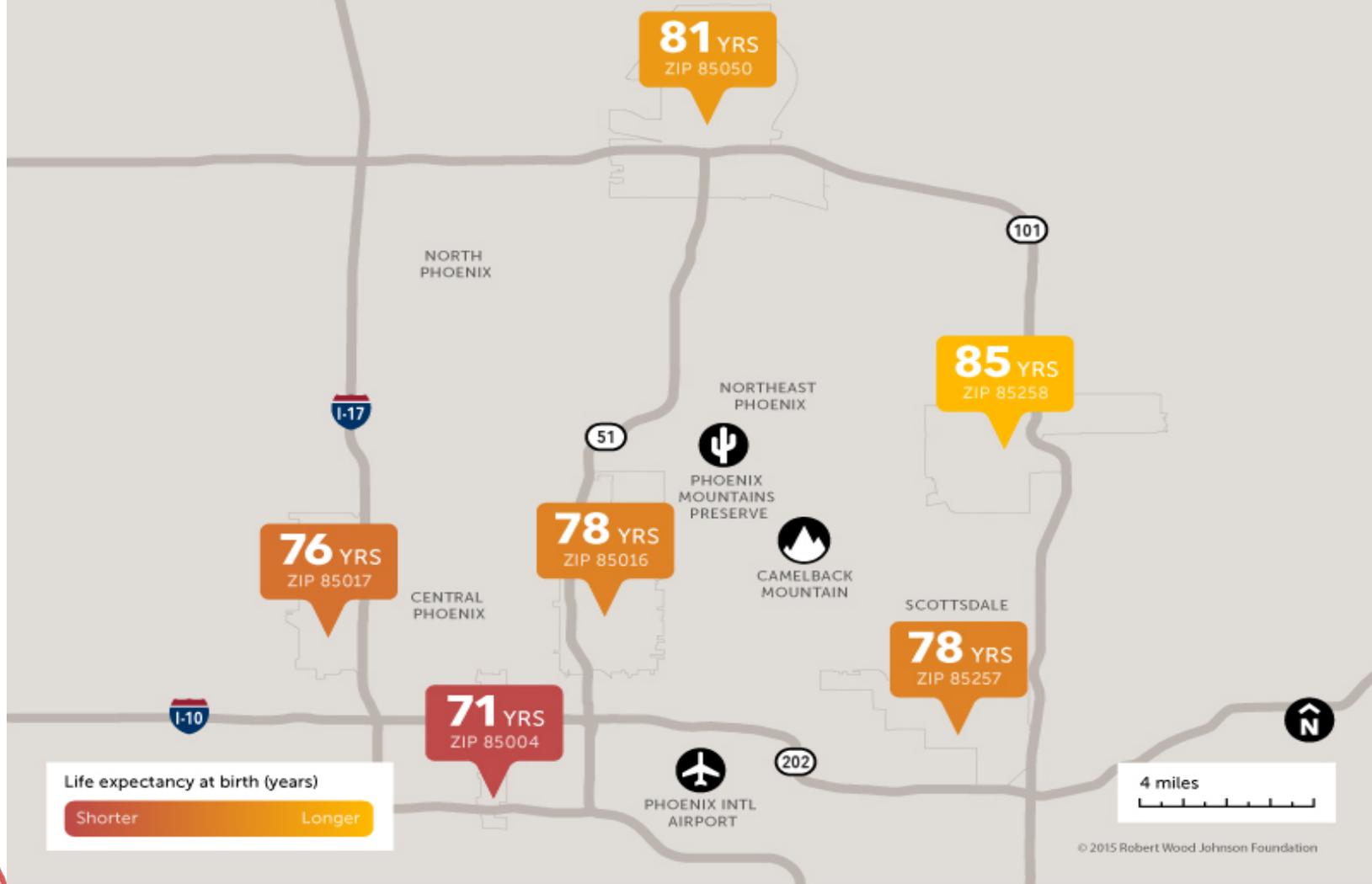
700 dead

1 thing in common



Alone

Short Distances to Large Gaps in Health

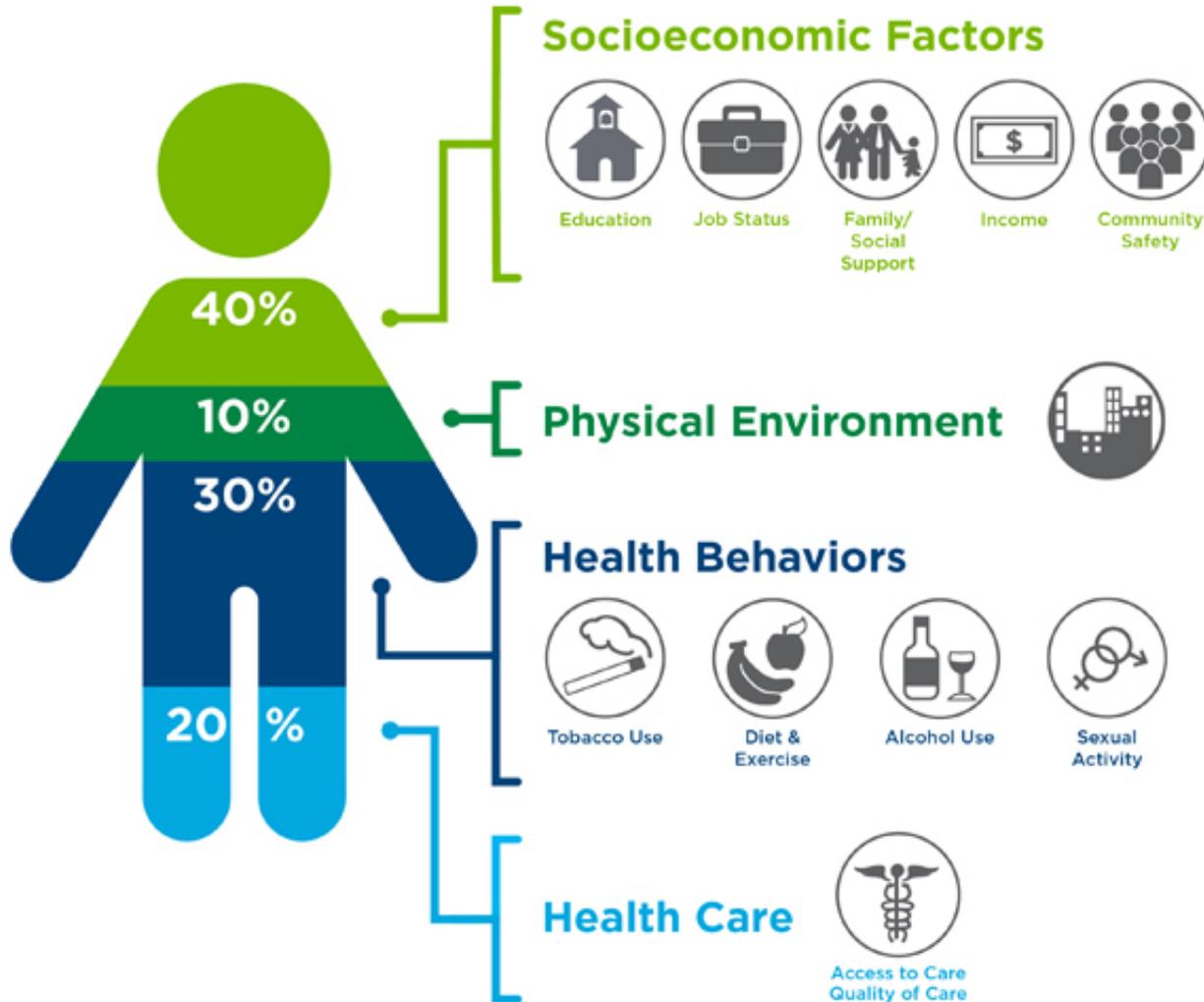


Gaps in Health Come from Many Factors

- Education and Income
- Unsafe or unhealthy housing
- Lack of healthy foods
- Lack of places to exercise or play
- Access to health care
- Transportation challenges
- Inequities



What Goes Into Your Health?



About 80% of our health outcomes are driven by non-medical factors. We focus too much on “sick care” and not prevention

What Would it Take to Reduce Health Disparities between Whites and African-Americans?

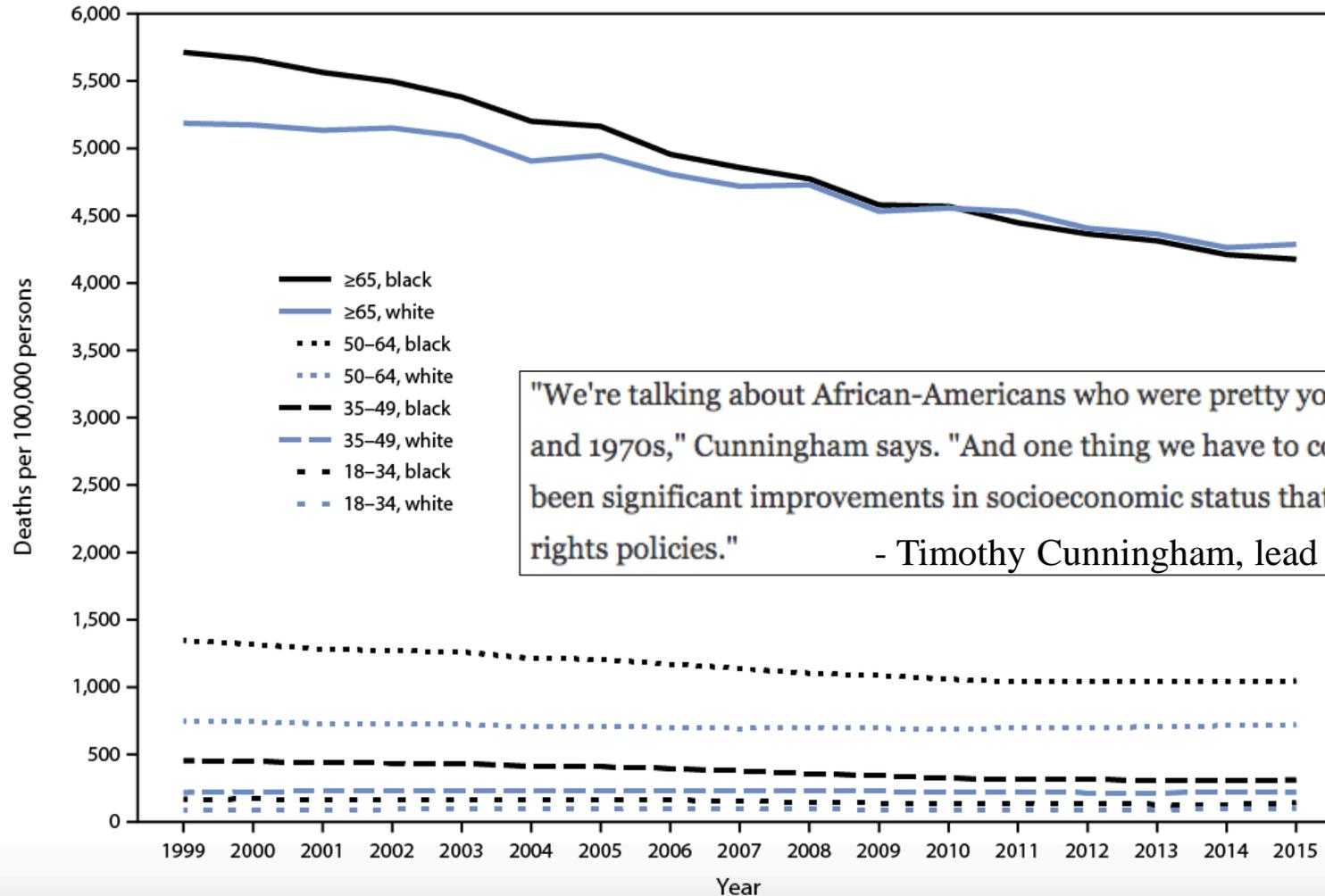




Vital Signs: Racial Disparities in Age-Specific Mortality Among Blacks or African Americans – United States, 1999–2015

Early Release / May 2, 2017 / 66

FIGURE 1. Death rates among blacks and whites, by age group (years) – United States, 1999–2015



"We're talking about African-Americans who were pretty young during in the 1960s and 1970s," Cunningham says. "And one thing we have to consider is that there have been significant improvements in socioeconomic status that are associated with civil rights policies."
- Timothy Cunningham, lead epidemiologist, CDC

What if housing could be one major solution to health care for the homeless?





Ramon Gonzalez in his apartment (Photo: The Republic)

August 15th Arizona Republic story:

- 59 people had been arrested more than 1,000 times in 2 years – some costs \$30,000 or more each
- Almost all were homeless
- Maricopa County jail system is partnering with the County Housing Authority to earmark apts for homeless coming out of jails
- Also working with community partners to pair inmates with caseworkers to help with job placement, healthcare and life skills

“Housing is healthcare. If you can get people housed, they don’t get arrested. They’re not committing survival crimes. It’s not rocket science. It’s just getting systems to collaborate....”

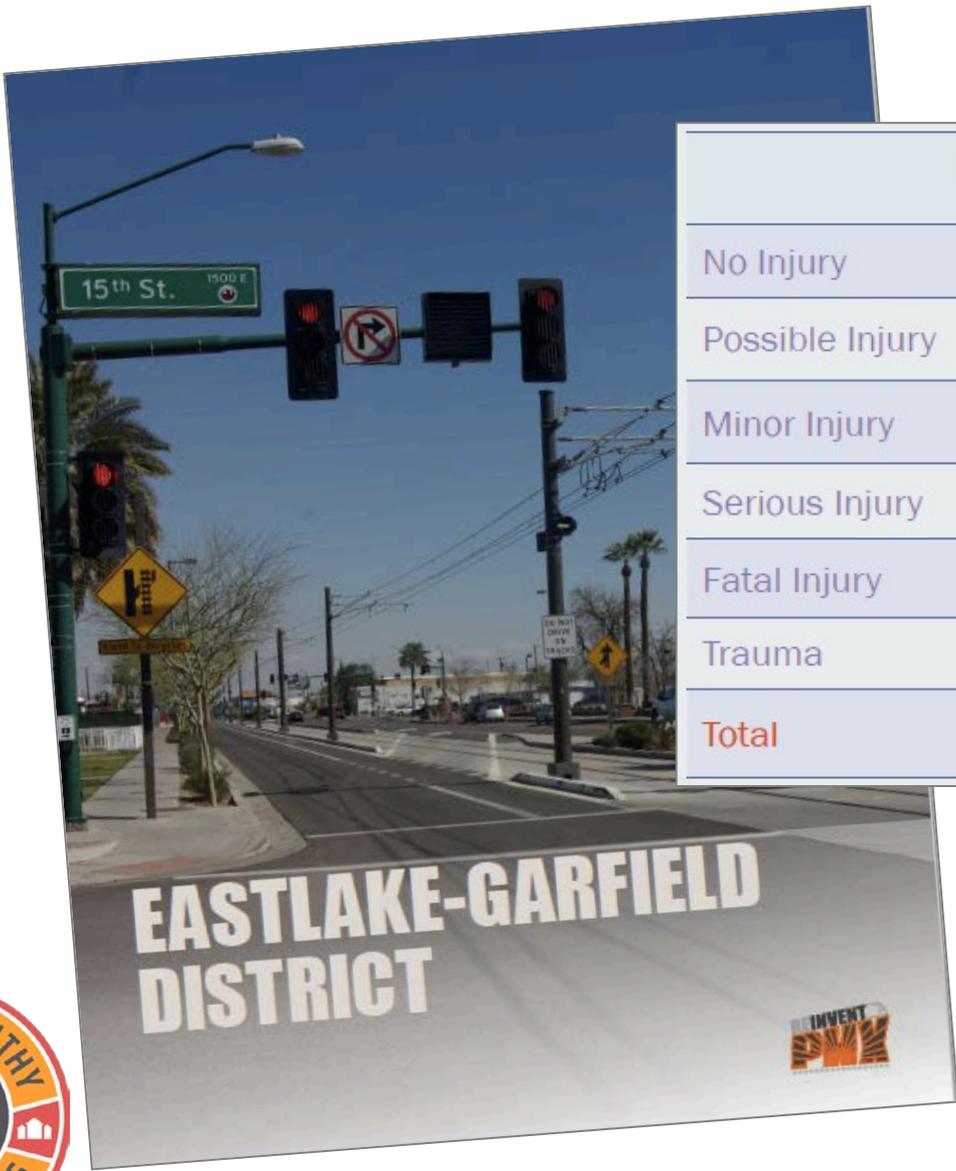
Dr. Dawn Noggle, Mental-Health Services Director for the county’s Correctional Health Services



A CATALYST FOR COMMUNITY HEALTH

Can We Reduce Pedestrian/Bike Injuries in a Neighborhood by as much as 50% with Just Traffic Planning?





	Bicycle	Pedestrian	Violence	Total
No Injury	4	0	0	4
Possible Injury	4	2	0	6
Minor Injury	8	6	0	14
Serious Injury	2	2	0	4
Fatal Injury	1	4	0	5
Trauma	15	23	73	111
Total	34	37	73	144



A CATALYST FOR COMMUNITY HEALTH



Reinvent PHX

Eastlake-Garfield Transit District

Map 9 - Pedestrian and Cyclist Injuries



113

**Murders in Maricopa
County, 2015**

409

Road deaths in 2015

Source: AZDOT crash facts 2015; AZ Central

Slide source:
 **Happy City**

Social Cohesion

Transportation

Social Justice

Infrastructure

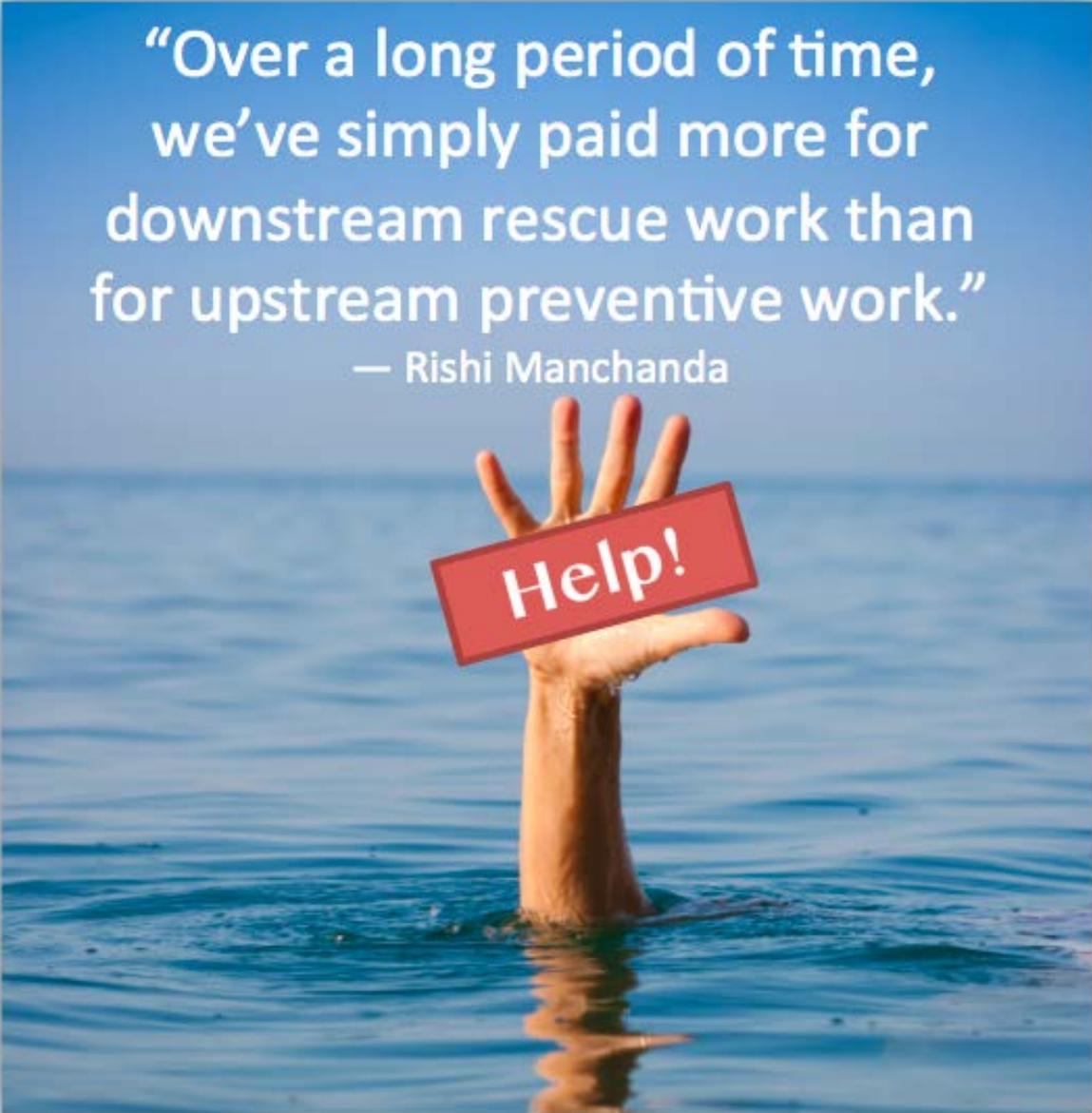
= *f*  **lace**



A CATALYST FOR COMMUNITY HEALTH

“Over a long period of time,
we’ve simply paid more for
downstream rescue work than
for upstream preventive work.”

— Rishi Manchanda

A hand is reaching out of a body of blue water. The hand is holding a red rectangular sign with the word "Help!" written in white. The background is a clear blue sky and water.

Help!



Goals

- **Identify, lift up and celebrate** efforts to help Arizonans be healthier and live well
- **Facilitate connections** between groups and sectors
- **Shift the “health” paradigm** – health is more than health care.
- **Influence** policies and systems for change



Dedicated to identifying, celebrating and connecting efforts to improving well-being in Arizona.

What is the Year of Healthy Communities?

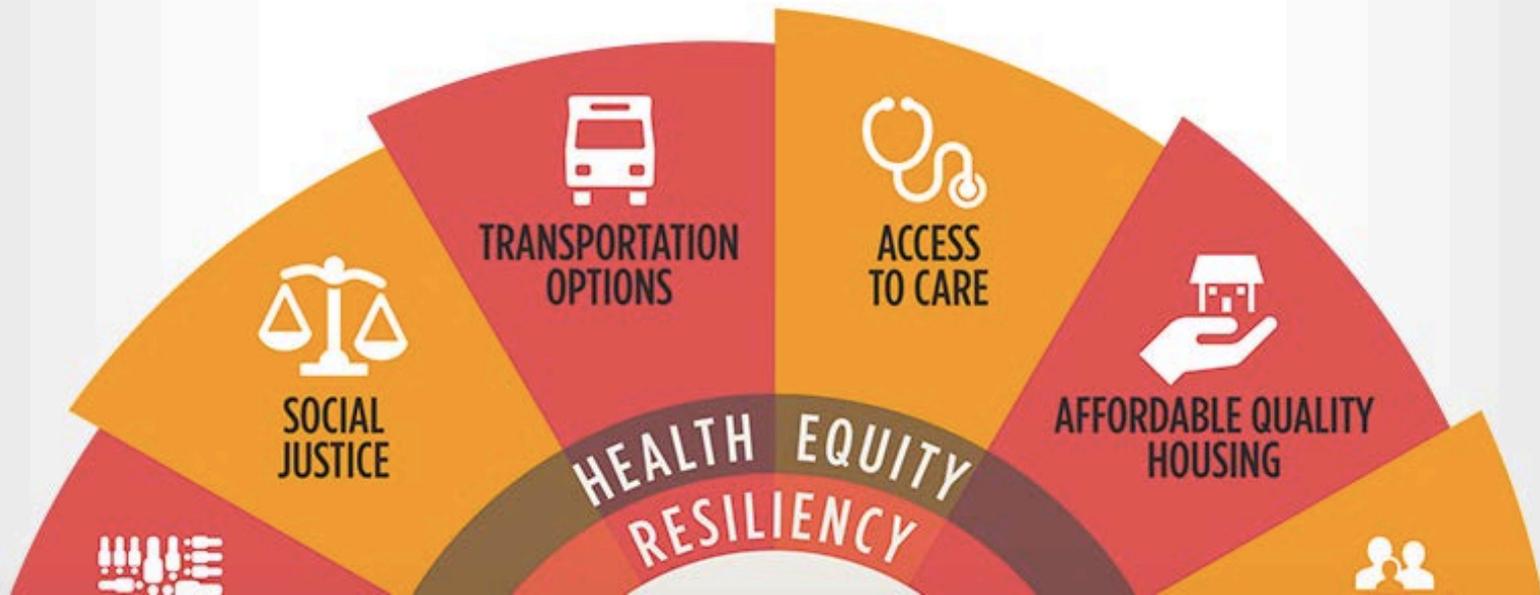
The 2017 Year of Healthy Communities is a mutually-beneficial collaborative year starting with the notion that building individual and collective momentum can enable everyone involved to reach a ... [Read More...]

Learn More: Replay our January 26 Webinar

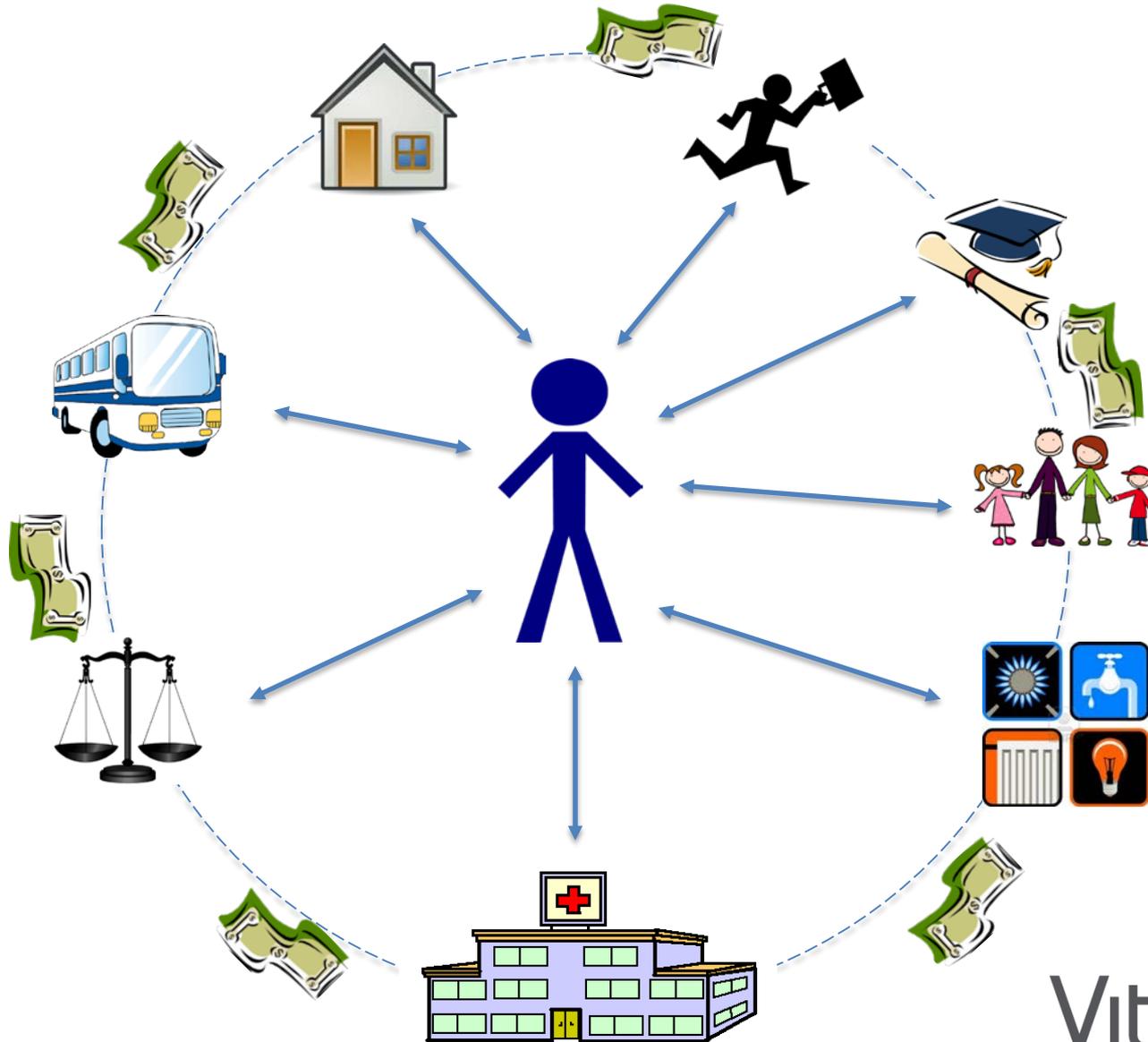
Get to know the "Elements of a Health Community" wheel through the eyes and ears of front-line practitioners. This one-hour roundtable provides a brief overview of the year, takes a trip around the ... [Read More...]



Elements of a Healthy Community



MOVING TOWARD





LiveWellAZ.org
VitalystHealth.org