



*People finding community  
resources for themselves for  
physical and mental  
wellness...*

# FindHelpPhx Funding



**FIRST THINGS FIRST**

*Ready for School. Set for Life.*



**Maricopa County  
Public Health**

[WeArePublicHealth.org](http://WeArePublicHealth.org)



Safety, Nutrition, Activity  
and Care for Kids



# What is FindHelpPhx.org?

- Community Asset Map
- More than 1,000 holistic health care and social services in Phoenix and the West Valley
- Bilingual (English/Spanish)
- Easy to use and confidential
- Updated for accuracy
- Phoenix/West Valley locations

# Why FindHelpPhx?

- Phoenix residents don't know what resources are available to them, and are less likely to search for what they need.
- Unmet need means poorer health indicators for individuals and families.

**Invest now or pay much more later!**

# Poor Linkage to Community Services Creates Many Problems...

- One in seven Maricopa County residents have no private or public health insurance.\*
- Child abuse reports in Arizona increased almost 24% since the beginning of 2009.\*\*
- The life expectancy of a person with a serious mental illness in Maricopa County is 32 years less than average life expectancy.\*\*\*

\* Source: Arizona Health Survey 2012, St. Luke's Health Initiatives

\*\* Adoption Child Welfare Law, 2012

\*\*\*NIMH, 2012

# How to Use FindHelpPhx...

- Go to [FindHelpPhx.org](http://FindHelpPhx.org)
- Select a category of service...

ESPAÑOL

PLAY VIDEO

# Find Help Phoenix - Finding Resources for Ourselves

## Free and low-cost health/social services in Phoenix/West Valley

(Click on the service you need. A map appears with locations near you.)

ABOUT US



Medical/Wellness



Dental



Mental Health



Food/Clothing



Jobs/Money



Reproductive/Parenting



Child Care



Education



Disability



Housing



Immigrant/Refugee



Family Violence



Elder Services



Recreation



Legal



Addictions



LGBT



Transportation



Youth/Volunteering



Veterans



9:47 PM  
11/18/2012

**Return to Categories**



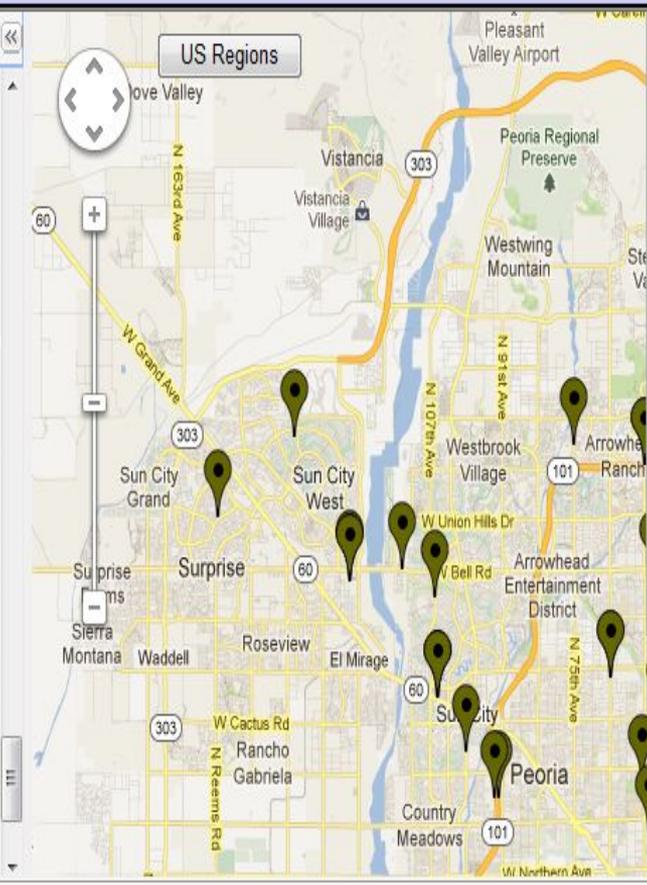
**PLAY VIDEO**

# Mental Health Resources

**Tell us about a new service Or Changes**

**Search**

- | Name  |
|---|
| Valle Del Sol - Central Phoenix   |
| Valle Del Sol - Downtown Phoenix  |
| Valle Del Sol - South Phoenix   |
| Value of Implementing Consumer Empowerment (VOICE)-Disability Information/ Support Group- Glendale Public Library |
| Veteran's Suicide Hotline   |
| Visions of Hope - Help to Find Mental Health Services   |
| Visions of Hope - Bipolar and Depression Support Group (Phoenix)  |
| Visions of Hope - Bipolar and Depression Support Group (Glendale)   |
| Visions of Hope - Bipolar and Depression Support Group (NW Phoenix)   |
| Visions of Hope - Bipolar and Depression Support Group (Sun City West)  |
| Visions of Hope - Bipolar and Depression Support Group (Sun City)   |
| Visions of Hope - Depression Support Group (Peoria)   |
| Visions of Hope - General Mental Health Issues Support Group (Phoenix)  |
| Visions of Hope Warmlines   |

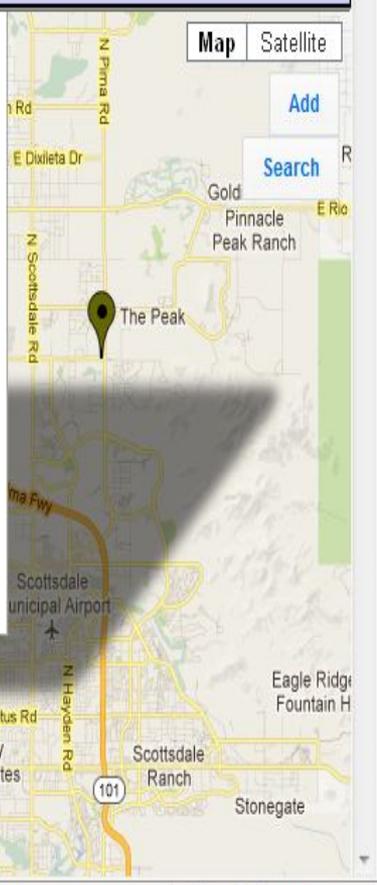


**Visions of Hope - General Mental Health Issues Support Group (Phoenix)**

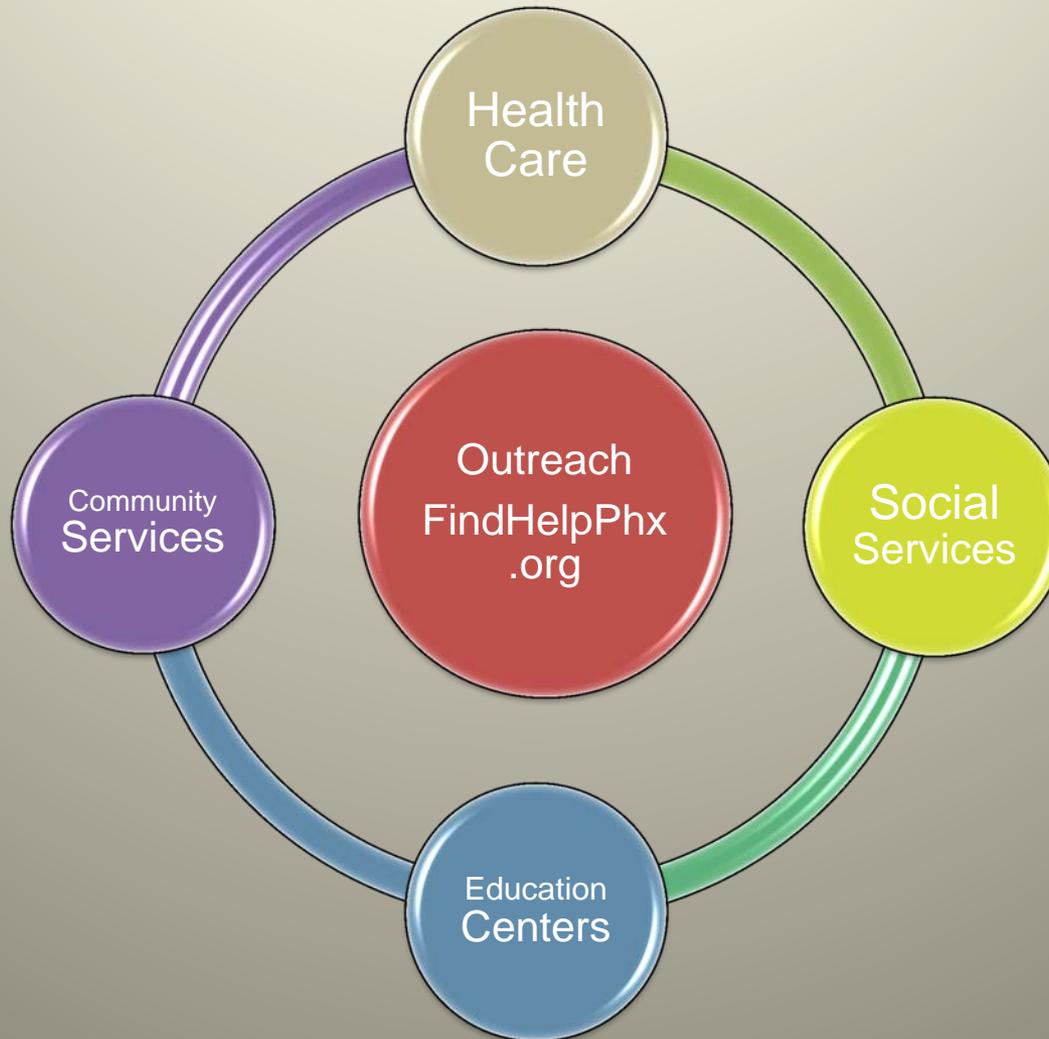
PSA Behavioral Health Agency 2255 W. Northern Avenue, Suite B100  
Phoenix, Arizona 85021

[WEBSITE](#)

**CATEGORY** Mental Health  
**PHONE** Call Andy to verify meeting place/time are current (480) 994-4407 ext. 10  
**DESCRIPTION** Support group that offers information, education, socialization empowerment, and support for people diagnosed with general mental health challenges. Family members and loved ones are welcome as well. Group leaders also have been diagnosed with a mental illness. The group meets Tuesdays from 7-9PM. Park on the east side of the building, go through the large black gate, and group meets in the first door on the right- R100  
**Directions** [From here](#) - [To here](#)



# Institutional Targets For Outreach



# Boys and Girls Club Dental Clinic of Metropolitan Phoenix

1601 W. Sherman Street  
Phoenix, Arizona 85007



**PHONE** (602) 271-9961

**DESCRIPTION** This is a full-service dental clinic for children ages 5-18 who have no insurance. The children often are referred for services by school nurses and social service agencies.

**COST** LOW COST

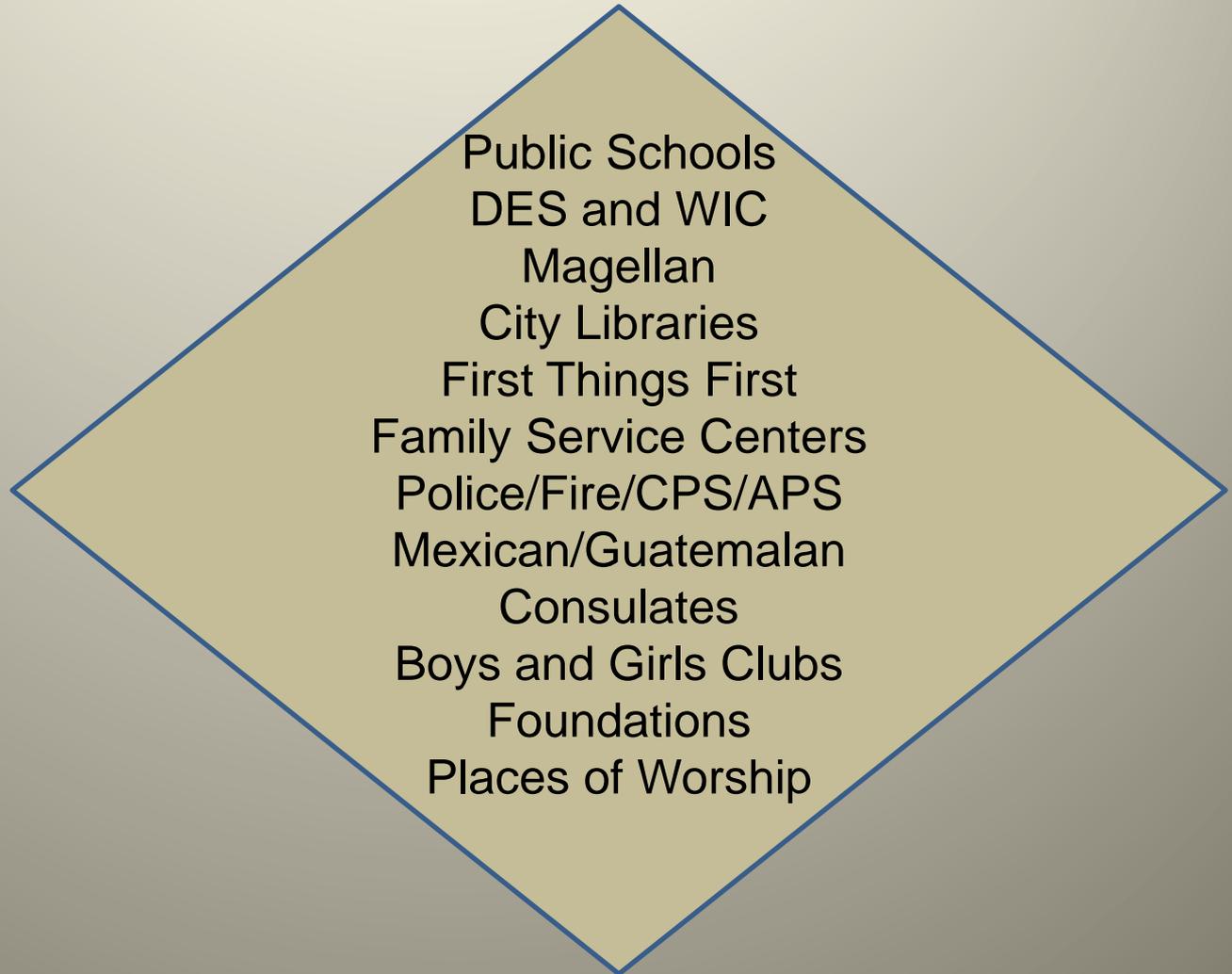
# Hands-On Greater Phoenix

- Parents and kids volunteer at locations Valleywide
- Complete an online or in-person orientation(45 min)
- \$25 contribution to Hands-On gives you access to select any of the 60+ volunteer projects monthly.
- Or... if you don't contribute you can volunteer the first Saturday of each month...

[www.handsonphoenix.org](http://www.handsonphoenix.org)  
(602) 973-2212



# Targets with High Client Populations



Public Schools  
DES and WIC  
Magellan  
City Libraries  
First Things First  
Family Service Centers  
Police/Fire/CPS/APS  
Mexican/Guatemalan  
Consulates  
Boys and Girls Clubs  
Foundations  
Places of Worship

# We Grow With the Help of the Community...

- Give us your feedback.
- Community participation is necessary to grow the resources and maintain accuracy of information.

# Contact Me for a Presentation

Contact Adrienne Decker Delgado

Safety, Nutrition, Activity, and Care for Kids  
(SNACK) Program

(602) 290-0058

[adriennedeckerdelgado@mail.maricopa.gov](mailto:adriennedeckerdelgado@mail.maricopa.gov)

