

Who We Are

**Private Non-Profit Organization, 501(c)(3) Responding to
Community Needs for 38 Years**



AREA AGENCY ON AGING

REGION ONE, INCORPORATED



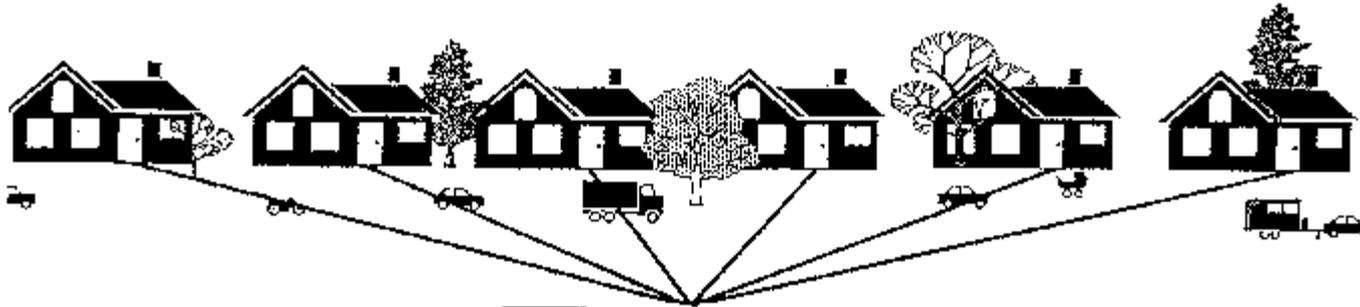
**Serving more than 90,000
Maricopa County Residents Annually**

Area Agencies on Aging Nationwide



COORDINATED SERVICE SYSTEM

FY 2013



Provider Agencies/Area Agency

AREA AGENCY ON AGING, REGION ONE

**Social Services
Block Grant**

Older Americans Act

State

Ryan White/HUD

ALTCS

Other



Service Hub



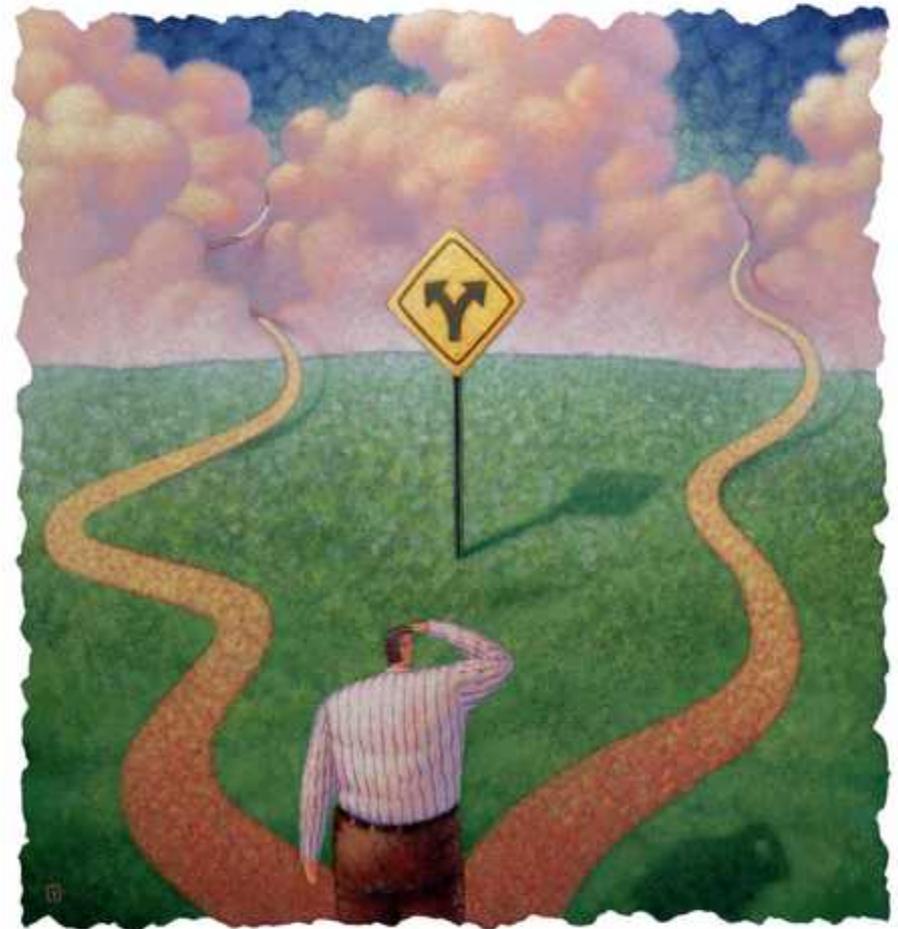
Service Delivery

- Aging & Disability Resource Center
 - “No Wrong Door Approach” or “Single Entry Point”
 - Highly visible, trusted places in the community where people of all ages, incomes and abilities go to get information and 1:1 counseling on long-term services and supports



New Models of Service Delivery

- Options Counseling
- Care Transitions
- Holistic Approach to Wellness



Options Counseling

- Encourages future oriented thinking
- Goal is to provide a road map for persons to plan for what long term supports and services they may need as they age
- Options counselor provides decision support, weighing pros and cons of supports and services



Care Transitions

- Movement between different healthcare providers and settings
 - Most common is hospital to home (readmission reduction)
- Interventions are provided to minimize risk
 - Usually focus on improving health literacy, follow-up with providers, medication management and psychosocial support
- Have typically followed a medical model
 - Best practice now is to also focus on psychosocial risk factors



Holistic Approach to Wellness

- Must address mental health needs
 - 7 million older adults suffer from some form of depression
- Discuss as a part of overall health
 - High correlation with chronic illness

